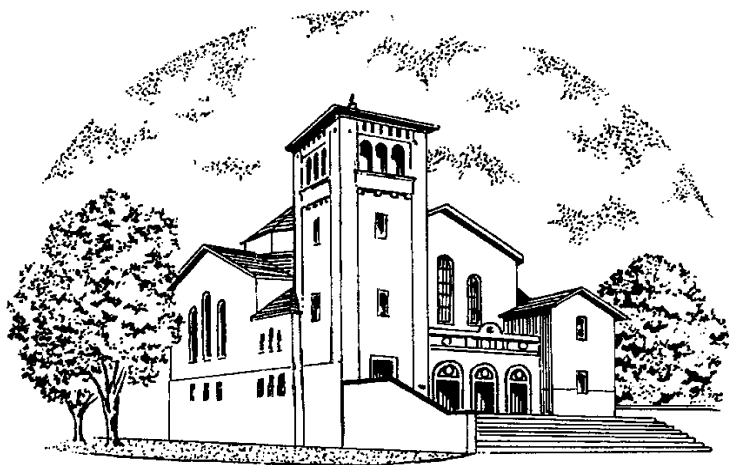


Cochrane Street United Church

81 Cochrane Street ♦ St. John's, NL ♦ A1C 3L7



September 8, 2019

Minister: Rev. Miriam Bowlby, B.A. (Hons) M.Div

Minister Emeritus: Rev. Eric Hillier

Minister of Music: Patricia Young

Director of Music: Evan Smith

(t) 709-722-3023 (f) 709-722-3260

info@cochranestreetuc.com

www.cochranestreetuc.com

Welcome to Cochrane Street United Church

Whether you are here for the first time or this is your church home – welcome to our community of faith.
Following worship there is a time of fellowship.

USHERING TEAM FOR SEPTEMBER

Ian McMaster, Blair Bradbury, Gerry Penney, Bill Squires

THIS WEEK AT COCHRANE STREET SEPTEMBER 09 – SEPTEMBER 15

Tuesday: 6:30 PM Choir Practice Bannerman Street Entrance
Sunday: 10:00 AM Choir Practice Bannerman Street Entrance

OFFICE

Office Hours: Tuesday 10:00 pm – 3:00 pm
Wednesday 10:00 am – 3:00 pm
Thursday 10:00 am - 3:00 pm

Email: info@cochranestreetuc.com

Phone: 709-722-3023

Website: www.cochranestreetuc.com

Cochrane Centre Contact information for bookings
709-754-2532 or info@cochranecentre.ca

PASTORAL EMERGENCIES AND FUNERALS

While Rev. Miriam is on sabbatical, Rev. Bruce Kearley will be covering all pastoral emergencies and funerals.
You can reach him at (709) 739-9025

Like us on Facebook or Follow us on Twitter!
www.facebook.com/Cochranestreetuc and @CochraneStreet

GATHERING AS GOD'S PEOPLE

**please stand as you are able*

PRELUDE:

***INTROIT # 642: Be Thou My Vision vs. 1**

***WELCOME AND ANNOUNCEMENTS**

***PASSING OF THE PEACE:**

Let our hospitality towards each other reflect God's love.
The Lord be with you.

And also with you.

Let us greet one another with the peace of Christ.

REFLECTIVE MUSIC *MV* # 90: Don't be Afraid

Don't be afraid.

My love is stronger, my love is stronger than your fear.

Don't be afraid.

**My Love is stronger and I have promised,
Promised to be always near.**

***CALL TO WORSHIP:**

God's love is extravagant!

**God pours out God's love as a cleansing lotion
for our weary souls.**

God's love is healing!

God's healing balm soothes and comforts us.

God's love is generous!

**God continually reaches out for us and helps us
throughout all our lives.**

Thanks be to God for such extravagant, healing, generous love.

***PRAYER OF APPROACH:**

O God, Most Holy,

We come here today in response to your call.

Touch us with the fire of your Spirit,

That we may once again feel the heat

Of your courage, hope, trust, and faith,

And experience your peace

in all that we do. Amen.

***HYMN # 559: Come, O Fount of Every Blessing**

PRAYER OF CONFESSION:

You call us to follow
and our footsteps falter,
reach out your hand
and we treat you as stranger,
whisper our name
and we simply ignore you.
Gracious God,
slow to anger, swift to bless,
forgive us, restore us.
Grant us hearts that stand firm,
a faith that is strong
and a hope that endures. Amen

ASSURANCE OF PARDON:

God's love is sure and steadfast,
always providing a way out,
a way through, a way back to God.
We are a forgiven people.
Thanks be to God. Amen

CHILDREN'S TIME

***HYMN MV # 1: Let Us Build a House**

OFFERING INVITATION & VOLUNTARY

***OFFERTORY HYMN MV # 182: Grateful**

Grateful for the life you give us, thankful for your Holy Son,
joyful in your Spirit flowing over all, O God of Love.
Grateful for the Bread of Heaven, thankful for your Holy Word,
joyful in your mercy flowing, we will praise you.

***OFFERTORY PRAYER**

GOD'S WORD FOR US TODAY

PRAYER OF ILLUMINATION:

Holy God,
You speak to us in many ways,
through rushing wind or still small voice,
in Scripture's Word and through your Grace.
Help us hear your voice above the clamour of this world,
recognize the difference and follow only you. Amen

SCRIPTURE READING

Luke 24:13 - 35

The Word of the Lord – **Thanks be to God.**

Reader: Patricia Young

SPECIAL MUSIC: Will, Carrie and Allanah

SERMON: “My Love Colours Outside the Lines”

***HYMN MV # 138: My Love Colours Outside the Lines**

SACRAMENT OF HOLY COMMUNION

INVITATION TO COMMUNION

Because there is one bread,
we who are many are one body,
for we all partake of the one bread.
In Christ, God breaks down the walls
that make us strangers to ourselves,
and divide us from one another.
We are the body of Christ.
At this table we bear witness to our faith.
At this table, God brings wholeness out of brokenness,
and healing to our world.
Let us break bread together.

PRAYER OF GREAT THANKSGIVING

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them up to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

Loving God, Source of all,
we thank and praise you with our lips and with our lives,
that, having created us and all things through your Word,
you welcome our prayer and praise.
For the goodness of creation
and the glory of redemption,
we praise you.

For the law of holiness, inviting our obedience,
and the call of prophets, rebuking our disobedience,
we praise you.

Therefore, with all that is, seen and unseen,
and with all the faithful of every time and place,
we join in this hymn of praise and thanksgiving:

**Holy, holy, holy God,
power of life and love!
Heaven and earth are full of your glory!
Hosanna through the ages!
Blest is the One who comes to bring your justice to earth!**

Loving God, Holy One, Holy Three
we offer you praise and thanksgiving over this bread and cup,
because in Jesus Christ, your only Son,
you have joined yourself forever to us,
uniting heaven and earth.

Now, therefore, we gratefully remember:
Jesus' birth into our humanity,
baptism for our sin,
compassion for our suffering,
intimacy with our frailty,
rebuke of our pride,
bearing of the cross with its death,
and rising from the tomb by the power of God.

On the night before he died,
it was Jesus who took a loaf of bread,
gave you thanks, broke it, and said,
"Take and eat; whenever you do this, remember me."
Likewise, after supper, he took the cup, saying,
"This is the new covenant; remember me."
Great is the mystery of faith:
Christ has died.
Christ has risen.
Christ will come again.

Loving God, creative Power,
blessing your name, we seek your Spirit.
Come to us and bless these gifts of bread and wine,
that they may be for us the body and blood of Christ;
the sign and seal of our forgiveness in him,
and our adoption as the children of God.
As we eat and drink together,

make us one with Christ and one in Christ,
a sign of his eternal reign in all the world.

This sacrifice of praise and thanksgiving
we offer you, loving God,
through Jesus Christ, our Saviour,
in the unity of the Holy Spirit,
one God, forever and ever. Amen

THE LORD'S PRAYER

**Our Father, who art in heaven, Hallowed be thy name.
Thy Kingdom Come, Thy will be done on earth as it is heaven.
Give us this day our daily bread; and forgive us our trespasses,
as we forgive those who trespass against us;
and lead us not into temptation, but deliver us from evil.
For thine is the kingdom, and the power and the glory,
for ever and ever. Amen.**

BREAKING OF THE BREAD AND SHARING OF THE CUP

PRAYER AFTER COMMUNION

**We give thanks that bread broken brings wholeness;
that wine poured out replenishes;
that time spent with the Risen Christ
and one another is gift and grace.
Amen**

***HYMN # 586: We Shall Go Out With Hope of Resurrection**

WE MARK THE BEGINNING OF SABBATICAL TIME

STATEMENT OF PURPOSE

COMMITMENTS FOR THE SABBATICAL TIME:

(to Rev. Miriam)

Do you, Rev. Miriam, do you promise to use your sabbatical time to
refresh your spirit, fill your mind with new knowledge, and return to
us empowered for the work of ministry in Cochrane Street United
Church, and the world?

I do, God being my helper.

(to the congregation)

Do you, the members and friends of Cochrane Street United Church,
promise to support Rev. Miriam on her sabbatical time?

We do, God being our helper.

Will you support Rev. Miriam in her rest and renewal, by promising to support, respect, and utilize the systems that have been put in place to cover her responsibilities until her return?

We do, God being our helper.

PRAYER OF BLESSING

PRESENTATION OF GIFTS AND SYMBOLS

PRAYER FOR GUIDANCE

Holy God, Dreamer of dreams,

We offer Cochrane Street United Church to you. We are your people, this is your church. We come to you seeking your guidance, your purpose, your vision. Align our will with yours, so that we will be willing to do whatever it takes to carry out your plan. We ask you to break through in new ways in our church. Show us the great ministry you have in store for us. Help us dream your dreams. Pour out your Holy Spirit on us, giving us the vision, boldness, and confidence to do all that you call us to do. Amen.

COMMISSIONING AND BENEDICTION

CHORAL BENEDICTION: Walk With Me (vs. 4)
#649VU

Walk with me, I will walk with you
and build the land that God has planned
where love shines through.

And when you share your faith with me and work for life made new,
the witness of your faithfulness calls me to walk with you.

Walk with me, I will walk with you
and build the land that God has planned
where love shines through.

POSTLUDE

ANNOUNCEMENTS

NO SCENTS MAKES GOOD SENSE!

A friendly reminder that members of our congregation are sensitive to scented products. Thank you for helping.

MARK YOUR CALENDARS

- Sunday, September 15** – **Sunday School Commences**
- Sunday, September 15** – **Joint Church Picnic Rotary Sunshine Park (2 – 6pm)**
RAIN VENUE: St. James UC, 330 Elizabeth Ave
- Sunday, September 22** – **Congregation Information Session**
(Immediately After Worship Service in Sanctuary)
- Sunday, September 29** – **Congregational Pot Luck Lunch**
(After Worship Service)

Announcements: If you wish to have an announcement included in the bulletin, please have it into the office by Wednesday at 5:00 pm.

Sunday, September 8 is our Rev. Miriam's last service before she goes on sabbatical leave.

CHOIR REHEARSAL resumes on Tuesday, September 10, at 6:30pm in the Sanctuary. New members are welcome! We meet every Tuesday as well as Sundays at 10am in the Sanctuary. Looking forward to another fabulous year!

UNITED COMMUNITIES OF FAITH PICNIC: Sunshine Camp on Thorburn Road has been booked for September 15 from 2:00-6:00pm. The back-up venue if it rains is St. James United Church. We are anticipating a large crowd so don't be left out of the games, entertainment and activities for all ages.

The Picnic Coordinating Committee is seeking congregation members who wish to share their talents or volunteer to help make it happen on that day. If you are interested in making this a great event, please contact Kelly Tuck kellyetuck01@gmail.com or 709-682-7698. Please share this message.

LOOKING FOR Sunday School Volunteers: Council is inviting congregation members to volunteer as Sunday School Coordinator and as teachers. If you are interested in volunteering for either of these positions, please contact the Church Office at info@cochranestreetuc.com or 722-3023 or Stephen Jewczyk, Congregation Chair, at sjewczyk@gmail.com.

CSUC Men's Service Club: The September meeting of the Men's Service Club will be held at Cochrane Centre on **Tuesday, September 17, 6.30pm**. All men are welcome to attend and enjoy an evening of good food, great fellowship, and fun. This meeting will also involve an election of officers for the coming year. For more details and to confirm your attendance, please contact the church office at 722-3023 or info@cochranestreetuc.com.

YOGA Flow Registration now open! To register for the **Tuesday 12:30pm** Yoga Flow, please click here: <https://sites.google.com/site/karmafitness/yoga/yoga-flow-registration-cochrane-st-church>. It's for 6 weeks from **September 17 to October 22** at Cochrane Street Church, 81 Cochrane Street. Cost is \$39.50 (includes HST & \$5 Cochrane Centre Facility Fee).

Congregation Information Session – Sunday September 22: Council will be holding a Congregation Information Session to provide an overview of the plans in place while Rev. Miriam Bowlby is on leave from the church. The session will also update the congregation on the financial situation of the congregation.

YOUR CHURCH COUNCIL is inviting volunteers from the congregation to be part of the Local Arrangement Committee for the 2020 Regional Conference which is being hosted by Cochrane Street United Church. The Regional Conference is being held May 29-31, 2020. Over the coming months leading up to the conference, the Local Arrangement Committee will be working with the Regional Council planning committee for this event. First joint meeting is scheduled for September.

If you are interested in volunteering for this committee, please contact the church office at 722-3023 or info@cochranestreetuc.com or Stephen Jewczyk, Congregation Chair, at sjewczyk@gmail.com.

Envelopes: Do you need envelopes? If so, please contact Harold Grandy. Email: hgrandy@nf.sympatico.ca.

RECYCLABLES: Drop off your recyclables at any Green Depot and use the Cochrane Street Code (our phone number) 7223023. Your empty containers will support the ministries of our congregation! Can't get your recyclables to the depot? Call the church office and we will arrange to pick them up. Thank you in advance for your help.

SPIRIT OF NEWFOUNDLAND PRODUCTIONS presents *Over The Narrows And Into History* **Thursday, October 3, at 6:00pm**, \$80 per person. Enjoy an evening of laughs and a three course meal, and [help us feed our neighbours at Bridges to Hope Food Aid Centre](#). We will also host a 50/50 draw with proceeds going to purchase food for our pantry. Learn more about this exciting event and reserve your ticket at bridgestohope.ca/spiritofnl.

PROJECT GRACE is now accepting registration for our After School Music Program for children in grades 1 through 12. Lessons are offered in violin, cello, flute, clarinet, trumpet, trombone, piano, percussion and ukulele. Please visit www.projectgrace.ca to learn more & to sign up!

Music Lessons for Grown Ups will be happening at Project Grace again this fall on Tuesday evenings, **Sept 17 - Nov 7**, from 7:30-8:30pm. The cost is \$120 per person. Lessons will take place at The Bethany Center, 10 Paton Street. Registration is now open online: www.projectgrace.ca

Art Hive is providing off loom weaving Sundays from 12:30 pm – 2:00 pm in Cochrane Centre's small meeting room. All materials available and at no cost. For further information, email hearthstonestudios@gmail.com.

EASTERN HEALTH's Pastoral Care, Ethics & Bereavement Services

Department invites people grieving the loss of a loved one to join an 8-week Bereavement Information & Support Group. There are two groups available.

The 1st group meets at St. Clare's Mercy Hospital, beginning **September 16**. Sessions are held Monday evenings from 7:00 – 9:00pm.

The 2nd group meets at Health Sciences Centre, beginning **September 19**. Sessions are held Thursday afternoons 1:30 – 3:30pm. For more details or to register, please contact the Pastoral Care Office at 777-6959 or Scott Parsons at 777-7611 (Health Sciences) or Jenna King-Poirier at 777-5908 (St. Clare's).

Office Administrator Position available at Cowan Heights United Church:

The Office Administrator would perform secretarial, clerical and administrative assignments as required by the Minister, Chairperson of the Board of Management, Secretary of the Board of Management and Chairperson of the Finance Committee. The position requires a high degree of integrity respecting the confidential nature of work assignments. The ability to carry out a variety of duties requiring independent judgment would be an asset. Office hours are currently three mornings per week, three hours per day for a total of nine hours per week.

Deadline for applications is September 23. For more details or to submit a resume, please contact Randy Purchase at rpurchase@nf.sympatico.ca or: Cowan Heights United Church, 141 Frecker Drive, St. John's, NL A1E 4W1

Attention: Randy Purchase

SUSAN'S SEWING STUDIO FALL SESSION begins at St. James UC, 330 Elizabeth Avenue, on Monday, **September 9** from 3–6pm. This is a free event. No matter your gender, age, ability or faith, drop in to start or continue a project in an informal atmosphere. Just bring yourself, your sewing machine and materials.

RUN, WALK, STROLL AND ROLL 2019 in support of Easter Seals NL:

This year's fundraiser will take place **September 14** from 10am to 3pm in Bowring Park. The event will include a barbecue, live entertainment, lawn games and face painting after the stroll through the park. Registration is \$10. To register, please go to our website, <https://easterseals.akaraisin.com/ui/runwalkstrollroll2019>

We also need **volunteers** for the big day! If you can lend a hand to be a trail guide, help with lawn games or volunteer at a water station, please contact Jayme (jayme@eastersealsnl.ca) or Samantha (samantha@eastersealsnl.ca).

Wesley Church Fitness and Bridge: The Wesley United Church Fellowship Program will resume activities **starting September 17:** Fitness will be on Tuesday and Thursday mornings 9:30–10:30am and Bridge will be every Tuesday starting at 2:00 m. For further information call Joan at 368-0434.

BURRY HEIGHTS DAY DINNER THEATRE: Let the younger members of the Burry Heights community entertain you while you dine! Join us Saturday, **September 21, 5PM.** For tickets contact burryheightsday@gmail.com or (709) 754-8824. Stuffed Chicken breast with all the trimmings (\$20); chicken nuggets for kids (\$10).

Location: Freemason's Hall, 115 Mt. Carson Ave, Mount Pearl

Dates: September 12, October 1, and November 5 from 2:00PM - 4:00PM

The Lantern Speakers Forum 2019: Author John Philip Newell, a Celtic teacher and author from Edinburgh, will speak at The Lantern in October. The topic is "A Celtic Vision of the Sacred in All Things". Please join him at 35 Barnes Road, St. John's. \$15 per session or \$40 for all three sessions. To register, contact marilynhstack@gmail.com.

October 18, 7:00pm Original Blessing

October 19, 10:00am St. Brigid & The Sacredness of the Feminine

October 19, 1:00pm The Sacred Earth

CAFÉ OF MEMORIES: Join us as Lodge Westerland, in partnership with Alzheimer Society of Newfoundland & Labrador, hosts an afternoon of entertainment & refreshments for those with dementia and their caregivers. **All events are free of charge!** Please register by phone 576-0608 or email events@alzheimernl.ca.

NOTES FROM THE ARCHIVES

Minutes of Session, Jan 27, 1933

Resolution: giving thanks for the life and work of our "late brother Arthur Cole Peters". Amongst many areas of work in the church, Mr. Peters was Sunday School Superintendent following the death in 1916 of our first Superintendent Mr. H J B Woods. You may remember the large portrait of Mr. Peters which hung for many years in the stairwell prior to renovations. It had been presented to the congregation by the Sunday School following his death in 1932.