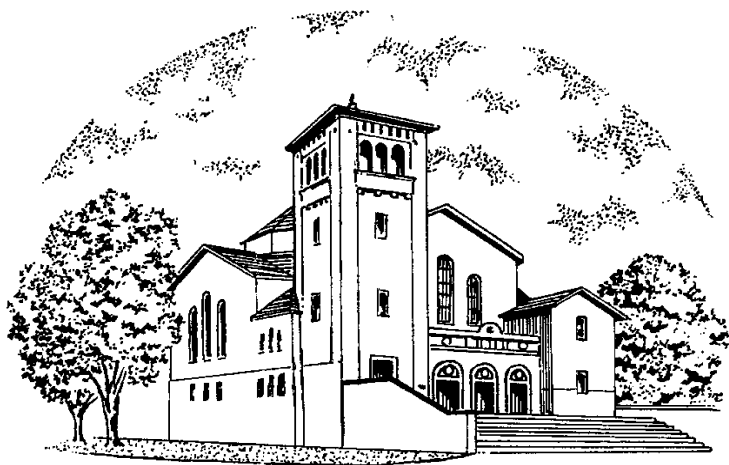


# **Cochrane Street United Church**

81 Cochrane Street ♦ St. John's, NL ♦ A1C 3L7



## **October 6, 2019**

### **Worldwide Communion Sunday**

### **The Seventeenth Sunday after Pentecost**

Minister: Rev. Miriam Bowlby, B.A. (Hons) M.Div. *(on sabbatical)*

Minister Emeritus: Rev. Eric Hillier

Minister of Music: Patricia Young

Director of Music: Evan Smith

(t) 709-722-3023      (f) 709-722-3260

[info@cochranestreetuc.com](mailto:info@cochranestreetuc.com)

[www.cochranestreetuc.com](http://www.cochranestreetuc.com)

# Welcome to Cochrane Street United Church

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Whether you are here for the first time or this is your church home – welcome to our community of faith.

Following worship there is a time of fellowship.

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## USHERING TEAM FOR OCTOBER

Roger Crosbie, Jim Austin, Lloyd Brown,  
Jeff Critch, Jim Oakley, John Perlin,

## THIS WEEK AT COCHRANE STREET OCTOBER 7 – OCTOBER 13

Tuesday:	12:30 PM	YOGA Cochrane Street Entrance
Tuesday:	6:30 PM	Choir Practice Bannerman Street Entrance
Sunday:	10:00 AM	Choir Practice Bannerman Street Entrance

## OFFICE

**Office Hours:** Tuesday 10:00 pm – 3:00 pm  
Wednesday 10:00 am – 3:00 pm  
Thursday 10:00 am - 3:00 pm

Email: [info@cochranestreetuc.com](mailto:info@cochranestreetuc.com)

Phone: 709-722-3023

Website: [www.cochranestreetuc.com](http://www.cochranestreetuc.com)

Cochrane Centre Contact information for bookings  
709-754-2532 or [info@cochranecentre.ca](mailto:info@cochranecentre.ca)

## PASTORAL EMERGENCIES AND FUNERALS

While Rev. Miriam is on sabbatical, Rev. Bruce Kearley will be covering all pastoral emergencies and funerals.

You can reach him at (709) 739-9025

Like us on Facebook or Follow us on Twitter!  
[www.facebook.com/Cochranestreetuc](http://www.facebook.com/Cochranestreetuc) and @CochraneStreet

# GATHERING AS GOD'S PEOPLE

\*please stand as you are able

Worship Leader: Rev. Heather Sandford  
*Regional Minister, First Dawn Eastern Edge Regional Council*

## PRELUDE:

### \*INTROIT: **It's a Song of Praise to the Maker (vs. 4) #30MV**

It's the chorus of all creation; it's sung by all living things,  
It's the chorus of all creation; a song the universe sings.  
And by the Spirit you and I can join our voice to the holy cry  
and sing, sing, sing to the Maker, too.

## \*WELCOME AND ANNOUNCEMENTS

### \*PASSING OF THE PEACE:

Let our hospitality towards each other reflect God's love.  
The Lord be with you.

**And also with you.**

Let us greet one another with the peace of Christ.

## REFLECTIVE MUSIC: **God of Still Waiting**

**#20MV**

God of still waiting, God of deep longing,  
God of the heart's true rest:  
hold us in fathomless peace,  
guard us with un-waning love.

### \*CALL TO WORSHIP:

We are summoned here by our holy God,

**who calls us each by name,**

**and gathers us together in the unity of Jesus Christ.**

From classroom and kitchen and carpool,

**we are called into God's presence.**

Young and old and middle-aged,

individuals and families,

soft-spoken and outspoken,

**we hear our names being called to join in worship.**

This house of worship

is a place to pursue God's vision for all people:

**unity and joy and faith expressed through different gifts.**

**Let us worship together!**

**\*PRAYER OF APPROACH:**

We feel your welcome, gracious God,  
in this time of worship.  
You welcome young and old,  
all seeking peace,  
and all brimming over with energy.  
You welcome newcomers and long-time members;  
all seeking a familiar expression of praise and prayer,  
and all seeking a startlingly new celebration of faith.  
Visit us, in this time of worship, O God,  
and enable us to spread your welcome and your love  
to all those that we meet.  
We ask this in Jesus' name. Amen.

**\*HYMN:**

**LET US BUILD A HOUSE**

**#1MV**

**PRAYER OF CONFESSION:**

Gracious God,  
we acknowledge and confess in your presence  
the smallness of our love,  
the narrowness of our concern,  
the denial of our true humanity.  
Through our careless hands have slipped  
opportunities not taken,  
people not cared for,  
days not celebrated.

We are ashamed and sorry for the ways of our unfaithfulness,  
and ask for reassurance and forgiveness. Amen.

**ASSURANCE OF PARDON:**

Take comfort in the assurance  
that even those things that are hidden from memory,  
or are too deep for our words,  
are not beyond God's forgiving love.  
God, who knows us completely,  
bestows pardon and peace.  
We are a forgiven and loved people.  
**Thanks be to God! Alleluia!**

**\*HYMN:**

**GREAT IS THY FAITHFULNESS**

**#288VU**

## **OFFERING INVITATION**

## **OFFERTORY VOLUNTARY**

### **\*OFFERTORY HYMN**

**Grateful**

**#182MV**

Grateful for the life you give us, thankful for your Holy Son,  
joyful in your Spirit flowing, over all, O God of Love.  
Grateful for the Bread of Heaven, thankful for your Holy Word,  
joyful in your mercy flowing, we will praise you.

## **GOD'S WORD FOR US TODAY**

### **PRAYER OF ILLUMINATION:**

**Eternal God,**

**in the reading of the scripture, may your Word be heard;  
in the meditations of our hearts, may your Word be known;  
and in the faithfulness of our lives, may your Word be shown.  
Amen.**

### **SCRIPTURE READING: LAMENTATIONS 3:19-26**

**The Word of the Lord – Thanks be to God.**

**Reader: Betty Barnes**

### **RESPONSIVE PSALM: PSALM 130 (pg. 853VU – Refrain 2)**

**Reader: Fraser Ellis**

### **GOSPEL READING: LUKE 17:5-10**

**The Word of the Lord – Thanks be to God.**

**ANTHEM: Come To The Table of the Lord**

**SERMON: Enough**

**\*HYMN: HERE, O MY LORD, I SEE YOU FACE TO FACE**

**#459VU**

## **THE SACRAMENT OF HOLY COMMUNION**

### **INVITATION:**

In the name of the One who said,  
“I am the Bread of Life,”  
I invite you to come and eat.  
In the name of the One who said,  
“I am the True Vine,”

I invite you to come and drink.  
In the name of the One who said,  
“Love one another, as I have loved you”,  
I invite you to the table of Jesus Christ.

## **THE GREAT THANKSGIVING:**

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them up to the Lord.**

Let us give thanks to the Lord, our God.

**It is right to give our thanks and praise.**

Blessed are you, gracious God,  
Creator of light, Giver of all life, Source of Love.  
You formed the universe in your wisdom  
and created all things by your grace.

We praise you for all your good gifts:

the witness of saints and prophets;  
the work of faithful people the world over;  
the earth in all its blessing and promise;  
and this bread, once scattered,  
now brought together and made one.

In the hope that your people throughout the world  
may be brought together from the ends of the earth  
into your reign of justice and compassion,  
we gather with those of every time and every place  
to give you praise and glory with this ancient hymn:

**Holy, holy, holy Lord,**

**God of power and might,**

**Heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is the One who comes in the name of the Lord.**

**Hosanna in the highest.**

We thank you for these gracious gifts,  
and most of all, we thank you for your Son, Jesus Christ,  
we remember how he ministered to all races, cultures, and genders,  
how he ate and drank with all the wrong people,  
how he turned water into wine at Cana,  
how he turned mere loaves and fishes into a feast for many,  
how he shared breakfast with his disciples on the beach,  
how he broke bread at Emmaus,  
and before that, shared a meal in an upper room.

We remember that on the night before he died,  
Jesus took a loaf of bread, and after giving thanks,  
he broke it, and gave it to those who sat with him, saying:  
"Take, eat. This is my body broken for you.  
Each time you do this, remember me."  
In the same way he took the cup, saying:  
"Take, eat. This is my blood poured out for you.  
Each time you do this, remember me."

Through this loaf and cup, Jesus lives among us.  
Through this loaf and cup, Jesus lives within us.

Great is the mystery of faith:

**Christ has died. Christ is risen. Christ will come again.**

Send, O God, your Holy Spirit upon us and upon these gifts,  
that all who share in this bread and this cup,  
may be the body of Christ:  
light, life, and love in the world.  
Through Christ, with Christ, and in Christ,  
in the unity of the Holy Spirit,  
all glory is yours, God most holy,  
now and forever.

**Amen.**

We gather these and all of our prayers, O God, in the name of your  
Son, Jesus Christ, who has taught us to pray together this prayer,  
saying:

**Our Father, who art in heaven, Hallowed be thy name.  
Thy Kingdom Come, Thy will be done on earth as it is heaven.  
Give us this day our daily bread; and forgive us our trespasses,  
as we forgive those who trespass against us;  
and lead us not into temptation, but deliver us from evil.  
For thine is the kingdom, and the power and the glory,  
for ever and ever. Amen.**

The bread which we break  
**is our sharing in the life of Christ.**  
The cup for which we give thanks  
**is our sharing in the life of Christ.**

Friends, these are the gifts of God for the people of God.  
Come, for all things are now ready.

## **PRAYER AFTER COMMUNION:**

**We give you thanks, Almighty God,  
That you have refreshed us at your table  
by granting us the presence of Jesus Christ.  
Strengthen our faith,  
increase our love for one another,  
and send us forth into the world  
united in courage and peace,  
rejoicing in the power of the Holy Spirit;  
through Jesus Christ, our Lord. Amen.**

## **GOING FORTH TO SHARE GOD'S LOVE**

**\*HYMN:           SENT FORTH BY GOD'S BLESSING  
                  #481VU**

## **PRAYER FOR GUIDANCE**

**Holy God, Dreamer of dreams,  
We offer Cochrane Street United Church to you. We are your  
people, this is your church. We come to you seeking your  
guidance, your purpose, your vision. Align our will with yours,  
so that we will be willing to do whatever it takes to carry out  
your plan. We ask you to break through in new ways in our  
church. Show us the great ministry you have in store for us.  
Help us dream your dreams. Pour out your Holy Spirit on us,  
giving us the vision, boldness, and confidence to do all that you  
call us to do. Amen.**

## **COMMISSIONING AND BENEDICTION**

**CHORAL BENEDICTION: Walk With Me (vs. 4)  
                  #649VU**

**Walk with me, I will walk with you  
and build the land that God has planned  
where love shines through.**

**And when you share your faith with me and work for life made new,  
the witness of your faithfulness calls me to walk with you.**

**Walk with me, I will walk with you  
and build the land that God has planned  
where love shines through.**

## **POSTLUDE**



# MEMORIALS

*In Memory of parents George & Irma Allen,  
From Barbara Stone and Diane Caughie*

## ANNOUNCEMENTS

***NO SCENTS MAKES GOOD SENSE!*** *A friendly reminder that members of our congregation are sensitive to scented products. Thank you for helping create a safe environment in which we can all fully participate.*

### MARK YOUR CALENDARS

- |                      |   |  |
|----------------------|---|--|
| Monday, October 14   | – | BEER & HYMNS, Bridie Molloy's, 7:00 pm   |
| Saturday, October 19 | – | MESSY CHURCH, Cochrane Street United Church<br>4:00pm – 6:00pm                             |
| Sunday, October 20   | – | United Community of Faith <u>Joint Worship Service</u><br>First United Mount Pearl, 7:00pm |
| Monday, November 4   | – | Fundraising, Chefs' Dinner (tentative)   |
| Sunday, November 10  | – | Fundraising Concert, Cochrane Street UC  |

### **MORNING WORSHIP SCHEDULE (October/November)**

- |   |   |
|---|---|
| OCT 06 – Rev. Heather Sandford<br><i>Worldwide Communion Sunday</i> | NOV 03 – Rev. Scott Parsons<br><i>Communion</i>   |
| OCT 13 – Oliver Dingwell  | NOV 10 – Rev. Desmond Jagger-Parsons<br><i>Remembrance Sunday</i>   |
| OCT 20 – Katie Vardy  | NOV 17 – Betty Barnes   |
| OCT 27 – Frances McNiven (reflection)                               | NOV 24 – Paula & Tim Reynolds<br><i>Memorial Candle Night Service</i><br><i>(Santa Claus Parade same day)</i> |
| OCT 27 – Stephen Jewczyk<br>(leading service)                       |   |

**Announcements:** If you wish to have an announcement included in the bulletin, please have it into the office by Wednesday at noon.

**LOOKING FOR ADDITIONAL VOLUNTEERS** to help decorate the church **October 12, 3:00pm**, for Thanksgiving. If interested, contact the church office at 722-3023.

**MESSY CHURCH:** Check out Messy Church on **October 14**, 4–6pm! Come for great music, stories, crafts and food! Everyone is welcome.

**Beer and Hymns:** The next Beer and Hymns is Monday, **October 14**, at Bridie Molloy's, 7:00 pm. Bring a friend and sing a hymn at this Thanksgiving gathering!!

**The Chef's Night event** was cancelled as the federal election takes place that same night. It is now tentatively rescheduled for **November 4**. Details soon to follow.

**Sunday School Suspended Until Further Notice:** At the current time, there are no adult volunteers for Sunday School during worship service. As a result, Sunday School is being suspended until there are adults available to assist with Sunday School. The Council has gratefully received two responses to volunteer from our youth in the congregation but we require an adult to be present with the youth teachers during Sunday School.

Council is still inviting adult congregation members to volunteer for the Sunday School program. Council is hopeful that we may get several volunteers who can then create a rotation schedule so that we have at least one adult present during the Worship Service who can attend Sunday School. If you are interested in volunteering, please contact the Church Office at [info@cochranestreetuc.com](mailto:info@cochranestreetuc.com) or 722-3023 or Stephen Jewczyk, Congregation Chair, at [sjewczyk@gmail.com](mailto:sjewczyk@gmail.com).

In closing, the Council is working diligently to address this situation but requires the assistance of the congregation.

**FALL YOUTH GATHERING November 8 – 10:** Join us for a weekend of community, fun and self-care practices at Burry Heights Camp & Retreat Centre, The Coughlan Building, Salmonier Line. More information about guest speaker and registration to come. For expressions of interest or questions, contact Rebecca Pike via email: [Rebecca.pike@nl.rogers.com](mailto:Rebecca.pike@nl.rogers.com).

**Choir Rehearsal** is on Tuesdays at 6:30pm in the Sanctuary. New members are welcome! We meet every Tuesday as well as Sundays at 10am in the Sanctuary. Looking forward to another fabulous year!

**COFFEE TIME HOSTS:** We are looking for people to volunteer as hosts for Coffee Time after church. If you are willing to help host, please contact the office (722-3023) or put your name on the sign-up sheet on the bulletin board as you head into the event room. Don't know what to do? No problem. We can pair you with someone who has done it before or just give you an orientation. Your help is very much appreciated!

**COFFEE TIME DONATIONS:** If you can't volunteer to host a coffee time, maybe you can supply some donations to be kept in the freezer to help out our coffee time hosts. We are looking for donations of cookies, loaves or raisin bread. If you could attach your name to your donations, that would be greatly appreciated. Thank you.

**RECYCLABLES:** Drop off your recyclables at any Green Depot and use the Cochrane Street Code (our phone number) 7223023. Your empty containers will support the ministries of our congregation! Can't get your recyclables to the depot? **Call the church office and we will arrange to pick them up.** Thank you in advance for your help.

**ENVELOPES:** Do you need envelopes? If so, please contact Harold Grandy. Email: [hgrandy@nf.sympatico.ca](mailto:hgrandy@nf.sympatico.ca).

**Stuff the New Shelves for Bridges to Hope!** We are going to fill our shelving, generously donated to Cochrane Street United Church, full of the most helpful items: tinned milk, canned beans, canned meat, juice boxes or one liter of juice, cereal, Kraft Dinner, pasta, and pasta sauce. Bring your items to church on Sunday. Thank you for your support.

**ZATOUN OLIVE OIL** – The Church Council is again offering Zatoun Olive Oil for \$20 a bottle. “Zatoun is Palestine in a bottle” – Fair Trade Extra Virgin Olive Oil. Proceeds benefit farmers and children living in occupied Palestine and create awareness for peace in Palestine. Gower Street United Church are distributors for Zatoun as an Outreach Project and they have several United Churches as well as the Presbyterian Church participating in this project. If you wish to purchase this oil, please contact the church office at 722-3023 or [info@cochranestreetuc.com](mailto:info@cochranestreetuc.com).

**Art Hive** is providing off loom weaving Sundays from 12:30pm – 4:00pm in Cochrane Centre’s small meeting room. All materials available and at no cost. For further information, email [hearthstonestudios@gmail.com](mailto:hearthstonestudios@gmail.com).

**Wesley United Church’s Annual Fall Fair** will be held on Saturday, **October 19** starting at **10:00 am** with the usual sale of goods and morning coffee at a cost of \$5. At 5:30 pm there will be a Cold Plate Dinner at a cost of \$20. Dinner will be followed by an auction. Tickets for the dinner can be obtained from Pheobe Sheppard at 726-1689, Marvin Barnes at 579-7900 or the Church office at 579-3682.

**Awakening the Energy Within** with Sheila Leonard, certified teacher and healing facilitator. 8-Week sessions at The Lantern, 35 Barnes Road. Classes start the first week of October then skip a week and resume October 15. Suggested donation \$80/8 weeks; \$10/class (or give what you can, when you can, if you can). For more information or a “come, taste & see” session, please contact Sheila at [sheilaleonard@nf.sympatico.ca](mailto:sheilaleonard@nf.sympatico.ca) or [www.sheilaleonard.ca](http://www.sheilaleonard.ca). Or contact The Lantern at 753-8760.

Tuesdays – Wisdom Healing Qigong beginners

Wednesdays – T’ai Chi Chih beginners

Thursdays: – T’ai Chi Chih beyond beginners

### **ST. JAMES UNITED CHURCH, 330 ELIZABETH AVENUE:**

**Thanksgiving Potluck** in the Auditorium October 12 at 6:00pm.

**Fish Dinner:** October 25, 6:00pm. Tickets available from Aubrey Hill, 726-8306.

**UCW Fall Sale:** November 2, 9:45am - noon. \$7 tickets can be purchased from any UCW member or at the door.

**The Singing Network** is partnering with **Sing! The Center for Congregation Song** to present a Hymn Festival on **Sunday, October 6, 3PM**. Join us for an hour of singing and hearing stories of hymns that explore and enliven the Christian faith. T. Wes Moore of Pollocksville Presbyterian Church (North Carolina, USA) will lead this hour of song and story. For more details on workshops and church service, see <http://www.singingnetwork.ca/sing-together/>. St. Thomas' Anglican Church, 8 Military Road, St. John's. Free. All are welcome.

**SING TOGETHER!** A weekend has been planned that will be instructive and beneficial for folks interested in congregational singing. This is a great way to kick-off the fall season for church choirs. Join us! You will be motivated and inspired. The weekend events are **FREE** and **OPEN** to **EVERYONE!** *Full-time STUDENTS who attend the Workshop will be offered a **free membership** in The Hymn Society of the United States and Canada.*

The Saturday workshops are in the SUNCOR Energy Hall at Memorial University's School of Music:

Session 1: **Hymn Anthem Reading Session** (Choristers' Guild) - **FREE MUSIC**

Session 2: **What Are We Singing? The Context of Our Hymns, Psalms, and Spiritual Songs**

Session 3: **Risking It All: The Songs That Make Us Uncomfortable**

Session 4: **Effective Leadership for Congregational Singing**

In order to plan for the Saturday Workshop and the Hymn Festival, we would like for folks to register, using this **Registration Form** ([https://docs.google.com/forms/d/e/1FAIpQLSe4tIFiweIjFxUd-8ZFm-QqwavVyzRXF49F1z30I9MFVcjK\\_g/viewform](https://docs.google.com/forms/d/e/1FAIpQLSe4tIFiweIjFxUd-8ZFm-QqwavVyzRXF49F1z30I9MFVcjK_g/viewform)).

You can register as an **individual** or for a **group**. We would appreciate your registering by FRIDAY, October 4, 2019 @ 12 noon. However, if you don't, **JOIN US ANYWAY** and tell others to come along as well! For further details on The Singing Network, check out the website, <http://www.singingnetwork.ca/sing-together/>.

## NOTES FROM THE ARCHIVES

Minutes of Session, March 25, 1930:

"it was agreed that the regular Church services on Sunday open with the Doxology instead of the invocation as at present and that the evening services close by the singing of a vesper."