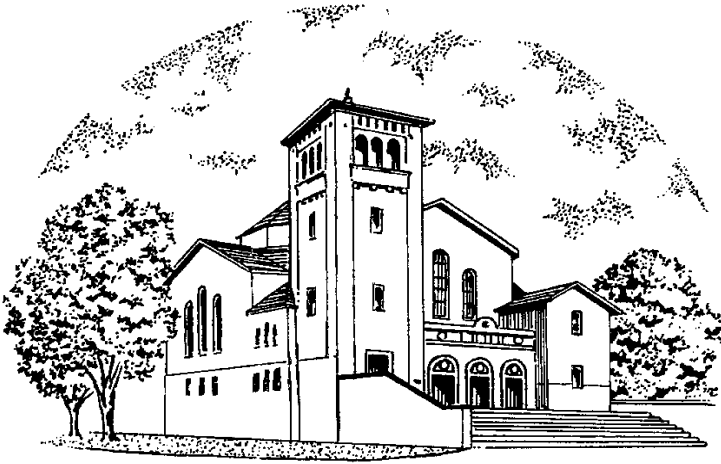


Cochrane Street United Church

81 Cochrane Street ♦ St. John's, NL ♦ A1C 3L7



October 2, 2022 Worldwide Communion Sunday

Guest Presider: Rev. Marion Davis
Minister Emeritus: Rev. Eric Hillier
Minister of Music: Patricia Young
Director of Music: Tristan Cleveland-Thompson
Technical Operations: John Williams, Jackabon Media

(t) 709-722-3023 (f) 709-722-3260
info@cochranestreetuc.com
www.cochranestreetuc.com

Welcome to Cochrane Street United Church

Whether you are here for the first time or this is your church home – welcome to our community of faith.

USHERING TEAM FOR OCTOBER

Jalna McMaster, Jo-Ann Kelly, David Molyneux, Fraser Ellis

OFFICE HOURS

Tuesdays 9:00 am – 1:30 pm
Thursdays 10:00 am – 2:30 pm
Fridays 9:00 am – 4:30 pm

Email: info@cochranestreetuc.com

Phone: 709-722-3023

Website: www.cochranestreetuc.com

Cochrane Centre Contact information for bookings
709-754-2532 or info@cochranecentre.ca

PASTORAL EMERGENCIES AND FUNERALS

Rev. Oliver Dingwell will cover all pastoral emergencies and funerals.
He can be reached at (709) 640-4632

Like us on Facebook or Follow us on Twitter!
www.facebook.com/Cochranestreetuc and @CochraneStreet

GATHERING AS GOD'S PEOPLE

*please stand as you are able

**bold is in unison

LAND ACKNOWLEDGEMENT

We respectfully acknowledge the territory in which we gather as the ancestral homelands of the Beothuk, and the island of Newfoundland as the ancestral homelands of the Mi'kmaq and Beothuk. We would also like to recognize the Inuit of Nunatsiavut and NunatuKavut and the Innu of Nitassinan, and their ancestors, as the original people of Labrador. We strive for respectful relationships with all the peoples of this province as we search for collective healing and true reconciliation and honour this beautiful land together.

PRELUDE: Excerpts from Messe a L'usage des couvents, *by F. Couperin*

WELCOME AND ANNOUNCEMENTS

***INTROIT: GOD OF THE SPARROW (vs. 6)**

VU # 229

God of the ages God near at hand

God of the loving heart

How do your children say Joy

How do your children say Home

***LIGHTING OF CHRIST CANDLE & PASSING OF THE PEACE:**

The light of Christ is with us

Here. Now. In this place.

In Christ, although we are many, we are one.

Let our hospitality towards each other reflect God's love for us and for all Creation.

The Lord be with you.

And also with you.

Let us greet one another with the peace of Christ.

REFLECTIVE MUSIC: *Elegy, by Skinner*

***CALL TO WORSHIP:**

As the leaves on the trees turn to bright colours,
they will be like the fire of God's spirit.

The bounty of the gardens

is like the fullness of God's love.

We are called to share

the blessings of the land with the world.

Let us worship God.

Celebrate God's Presence p540

***PRAYER OF APPROACH:**

It is the season of the first fruits, O God.

Your abundance surrounds us.

We come with thanks.

It is a time for celebrating life in its diversity.

Your creativity surprises us. We come in awe.

It is a time for taking rest and enjoying all Creation.

Your beauty inspires us. We come with love,

to worship you. Amen

Robin Wardlaw in *Gathering Pentecost 2*, 2018 p26. Used with permission.

LEARNING TOGETHER:

PRAYER OF CONFESSION:

God of love, we confess and ask for your forgiveness:

When we assume that we are loved and “they” are not,

forgive us, loving God.

When we assume that some people are worthy of our help

and others are not,

forgive us, loving God.

When we ignore our own faults but think we know all about those of others,

forgive us, loving God.

When we are unaware that all of us, everyone, lives in a relationship of grace with you,

forgive us, loving God.

Amen

Beth W. Johnston in *Gathering Pentecost 2*, 2017, p45

Moment of reflection.....

God’s unfailing love sustains and upholds us;

God will never let us go.

Where the Spirit is, there is freedom.

Receive God’s forgiveness.

Come alive in Christ!

Celebrate God’s Presence p206

Halle, Halle, Halle

VU # 958

Halle, halle, halle – lujah!

Halle, halle, halle – lujah!

Halle, halle, halle – lujah!

Hallelujah! Hallelujah!

ASSURANCE OF FORGIVENESS:

We do not change the world by worrying about it but by dedicating ourselves and our actions to doing God's will. When we fail, God forgives us and asks us to try again. Know that ours is the God of perpetual second chances! **Amen.**

GOD'S WORD FOR US TODAY

PRAYER FOR ILLUMINATION

Eternal God,

In the reading of the Scripture, **may your Word be heard;**
in the meditations of our hearts, **may your Word be known;**
and in the faithfulness of our lives, **may your Word be shown. Amen**

Celebrate God's Presence p44

EPISTLE READING: **Philippians 4: 4-9**

The peace of God which passes all understanding.

RESPONSIVE PSALM 100: **MAKE A JOYFUL NOISE** **VU # 820*

ANTHEM: Simple Praise, *words by Pamela Martin*
Music by Craig Courtney

GOSPEL READING: **John 6: 25-35**

Give us the bread from heaven for eternal life

REFLECTON: "Communion that Wasn't Meant To Be Communion"

Reflective Music

HYMN: AS WE GATHER AT YOUR TABLE **VU # 457*

RESPONSE TO THE WORD

OFFERING INVITATION:

God has given us so much. May we respond today and always with our gifts, our time, and ourselves because our community needs them.

OFFERTORY VOLUNTARY

There are many ways you can offer your financial gifts. As you enter the sanctuary you may lay your offering in the plate. You can send your offering by mail or drop them off in the mailbox. You can donate via eTransfer: csuctreasurer@gmail.com. You can sign up for PAR (Pre-Authorized Remittance) or use the donate button on our website.

We give Thee but thine own
whate'er the gift may be;
all that we have is thine alone,
a trust, O God, from thee.

May we thy bounties thus
as stewards true receive,
and gladly, as thou blessest us
to thee our first fruits give.

***OFFERTORY PRAYER:**

Gifts on our table: the cup of blessing, the loaf we break.

Gifts in our hands: our offering, prayer shawls, and PAR

Gifts in our hearts; gratitude, humility and faith.

Receive and bless every gift that is given at this table

and at all the feasting tables this Sunday. Amen

Kate Crawford in *Gathering* Pentecost 2, 2015 p42

WE CELEBRATE COMMUNION

Dedication of Communion Vessels - Chalice and Patten

Blessed are you, O God Eternal.

In the beginning, you revealed yourself
through the salvation story of your people.

In all times you have acted to save
those who gather in your name.

**Bless these vessels: the patten and chalice
that all of us who share in this sacred meal
may know you more fully through Jesus Christ,
whose Body we are.**

To the glory of God,

**We set apart and dedicate these vessels and
in communion with one another, eat and drink in
remembrance of Christ, our Saviour. Amen**

Invitation to the Table

The table is ready.

It is the table of bread and wine,
the table of Christ, the table of the world.

We will share one loaf and cup
for the life of Jesus that is in us.

So, come,
with whatever sadness and loss you are experiencing,
with whatever longing and hope you know,
with the life you are living,
for Christ welcomes us,
and blesses us, and touches us with hope.
And let us prepare ourselves for this mystery
as we sing the communion hymn.

Bob Root in *Gathering*, Pentecost 2, 2016 p45

***COMMUNION HYMN: ALL WHO HUNGER**

VU # 460

***An Affirmation of Our Faith: A New Creed**

We are not alone, we live in God's world.

We believe in God:

**who has created and is creating,
who has come in Jesus, the Word made flesh,
to reconcile and make new,
who works in us and others by the Spirit**

We trust In God.

We are called to be the Church:

**to celebrate God's presence,
to live with respect in Creation,
to love and serve others,
to seek justice and resist evil,
to proclaim Jesus, crucified and risen,
our judge and our hope.**

In life, in death, in life beyond death,

God is with us.

We are not alone.

Thanks be to God.

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them up to God

Let us give thanks to the Lord our God.

It is right to give God our thanks and praise.

Holy God of wind and Fire,

your Spirit renews the face of the earth

and warms the hearts of your people.

We give you thanks for your gifts of Pentecostal power;
tongues that utter prophetic words of truth and justice;
flames that kindle new visions of compassion and peace;
fresh breezes that blow down the walls
which separate us from you and one another.
And so it is that we join with every voice and tongue
on earth and in the heavens to give you praise:

Sing: O holy, holy, holy God,

O God of time and space.

**All earth and heaven and sky above
bear witness to your grace.**

**Hosanna in the highest heav'n,
creation sings your praise.**

**And blessed is the One who comes
and bears your name always!**

(Same tune as "I Feel the Winds of God" VU # 625)

Mighty and tender God, in Jesus of Nazareth
we recognize the fullness of your grace:
light, life and love, revealed
in words that confront and comfort us.
And now we gather at this table to remember
and to be filled with such longing for your realm,
that we may rise together
to turn our worship into witness
and to follow in your way.

We remember that when Jesus ate with his friends,
he took a loaf of bread, and after blessing it,
he broke it and gave it to them, saying:
"Take, eat. This is my body, given for you.
Each time you do this, remember me."
Then he took a cup, and after giving thanks,
passed it to his friends, saying:
"Drink. This cup that is poured out for you
is the promise of God, made in my blood.
Whenever you drink it remember me.

At this time we also remember
all with whom you would have us share your feast.
We pray for all who are in sorrow or in pain....
all who are ill or alone.....
all who live with fear, oppression, or hunger...

for all whom the world counts as last and least.....
We pray for the church and its varied ministries....
for nations as strive for peace and justice....
for all our families and friends.....

Gathering all our prayers into one,
with Jesus we pray together saying:

**Our Father, who art in heaven, Hallowed be thy name.
Thy Kingdom Come, Thy will be done on earth as it is heaven.
Give us this day our daily bread; and forgive us our trespasses,
as we forgive those who trespass against us;
and lead us not into temptation, but deliver us from evil.
For thine is the kingdom, and the power and the glory,
for ever and ever. Amen.**

This we remember; this we believe:

***Sing:* Christ has died and Christ is risen.**

Christ will come again!

Sing Christ has died and Christ is risen.

Christ will come again!

Holy God, we pray for your Spirit.

Make us, while many, one.

Make us, though broken, whole.

Make us, despite death, alive.

And so we pray:

Come, Holy Spirit, come.

**Through Christ, with Christ, and in Christ,
in the unity of the Holy Spirit,**

all glory is yours, God most holy, now and forever.

***Sing:* Amen, amen, O Holy One! Hosanna and amen.**

Amen, amen, O Holy One! Hosanna and amen.

Breaking the Bread and the Filling the Cup

Sharing the Bread and the Cup

Prayer after Communion

We give thanks, Holy God,

that you have refreshed us at your table

by granting us the presence of Jesus Christ.

Strengthen our faith, increase our love for one another,

and send us forth in to the world

united in courage and peace,

rejoicing in the power of the Holy Spirit;

through Jesus Christ, our Saviour. Amen

GOING FORTH TO SHARE GOD'S LOVE

* HYMN:

O FOR A WORLD

VU # 697

PRAYER FOR GUIDANCE

Holy God, Dreamer of dreams,
We offer Cochrane Street United Church to you. We are your people, this is your church. We come to you seeking your guidance, your purpose, your vision. Align our will with yours, so that we will be willing to do whatever it takes to carry out your plan. We ask you to break through in new ways in our church. Show us the great ministry you have in store for us. Help us dream your dreams. Pour out your Holy Spirit on us, giving us the vision, boldness, and confidence to do all that you call us to do. Amen.

COMMISSIONING AND BLESSING

We have listened, we have shared.

We have sung, we have prayed.

We have been about God's work.

Go from this holy place with hope.

Forgiveness will be received.

Friendship will be given and received.

Compassion will be practised.

Justice will be sought out.

**Christ will be recognized among family,
friends and strangers.**

With God's help, we will be about God's work.

David Sparks in Gathering, Pentecost 2, 2017 p45

SUNG BLESSING: MAY THE GRACE OF CHRIST ATTEND US VU # 963

May the grace of Christ attend us,
and the love of God surround us,
and the Holy Spirit keep us,
now and ever . Amen

POSTLUDE: Prelude in D Major, *by A Glazunov*

Please take your bulletins with you when you leave the pew.

MARK YOUR CALENDARS

OCT 02: CSUC - Rev. Marion Davis

OCT 09: CSUC – Betty Barnes

OCT 02: World Wide Communion Sunday

OCT 09: Thanksgiving Sunday

OCT 02: 2:30pm Learning about Residential Schools & Indigenous History in NL

OCT 16: CSUC – Bert Riggs

OCT 23: CSUC–Stephen/Charlotte Jewczyk

OCT 30: CSUC - Rev. Peggy Johnson

ANNOUNCEMENTS: If you wish to have an announcement included in the bulletin, please have it into the office by Wednesday at noon.

No SCENTS MAKES GOOD SENSE! A friendly reminder that members of our congregation are sensitive to scented products. Thank you for helping.

PASTORAL COVERAGE FOR CSUC: While Cochrane Street United Church is without a minister, Rev. Oliver Dingwell will be covering all pastoral emergencies and funerals. He can be reached at (709) 640-4632 or by email at: odingwell@cowanheightsunited.ca. If Rev. Oliver is not available, please contact Paula Reynolds pt2reynolds@gmail.com.

FALL PLANT AND HARVEST SALE FUNDRAISER: A special thank you to all who contributed and volunteered for the annual fall plant and harvest sale!

OUR FALL MAILOUT: is ready for pick up, located at the back of the pews. Please help us save on delivery costs by bringing envelopes to those who live in your neighbourhood. Your help is very much appreciated!

Decorating CSUC for Thanksgiving Sunday October 9: It would be appreciated if you have a bottle of pickles, a bunch of carrots or root vegetables; or anything to bring along for Thanksgiving Sunday. We will place them along the altar for the service. You can then take them home with you after the service.

Thanks – the Worship Committee.

Learning the History of Residential Schools and Indigenous History in

Canada: Join us on **October 2, 2022, 2:30pm**, for an insightful presentation and discussion about the history and on-going impacts of residential schools on Labrador Inuit. “OUR LONG JOURNEY: THE LEGACY OF RESIDENTIAL SCHOOLS IN LABRADOR”, is hosted by Cochrane Street United Church with presenters Andrea Procter, distinguished author of “A Long Journey: Residential Schools in Labrador and Newfoundland”, and Ashley Dicker, a proud Inuk from Nain and the descendant of multiple generations of residential school survivors. The presentation will also include: Kilautiup Songuninga - Inuit Drum group, Immali – throat singers, and Elders. Refreshments will be served. Seating is limited. Advance **registration** is required by contacting Ashley Dicker at 709- 899-2867 or ashleydicker@outlook.com . **The event is free** and will take place in the First Light event space, entrance via 42 Bannerman Street. All are welcome.

STUFF THE MOBILE SHELVING FOR BRIDGES TO HOPE! We are going to fill our shelving with the following items: Canned Beans, Canned Milk, Canned Meats, Mac n Cheese, 1 litre Juice, Cereal, Canned Fruit, Pasta Sauce, Crackers, Cereal. Any other non-perishable food item would be much appreciated. Thank you so much for your support.

Faith FORWARD – 2022 Web Event Series: We're re-imagining ministry with children, youth, and families. This means challenging existing assumptions and practices and experimenting with ones that are more like the kind of life to which Jesus invites us. This web series will inspire and equip you to do this hope-filled work. **\$25** for each event // **\$60** for all three – discount available for students and those with financial limitations. To register and for more details, go to this website: <https://www.faith-forward.net/events>.

EVENT ONE: September 28, 1:00-2:15pm ET (with Lakisha Lockhart)
Embodied Faith: Using Play to Enhance the Lives and Faith of Our Children

EVENT TWO: October 26, 1:00-2:15pm ET
Internal Welcome and External Witness: LGBTQ Youth Ministry with Ross Murray

EVENT THREE: November 9, 1:00-2:15pm ET
Reflections on Decoloniality within Youth Ministry with Shantelle Weber

FEDERAL/PROVINCIAL/TERRITORIAL (FPT) MINISTERS RESPONSIBLE FOR SENIORS FORUM has launched a public consultation on how older adults experience ageism and potential solutions for addressing it. **Please complete the questionnaire** and share your story on our website **by September 30, 2022**. Visit our website for more information at <https://esdc-consultations.canada.ca/ageism-consultation>.

Come “**AWAKEN THE ENERGY WITHIN**” for more relaxation, energy, wellness and joy, physically, mentally, emotionally and spiritually, with Wisdom Healing Qigong and T'ai Chi Chih Joy thru Movement. Daytime sessions Tuesdays and Thursdays, with evenings on Mondays and Tuesdays, at The Lantern, 35 Barnes Road, St. John's. **Starting October 3** and finishing November 28 . New and returning participants welcome! Gentle practices. Easy to learn. Easy to do. Can be done seated or standing. For more details please contact Sheila at sheilaleonard@nf.sympatico.ca or 709-727-7863 or visit www.sheilaleonard.ca . Can also call The Lantern at 753-8760