

Cochrane Street United Church

81 Cochrane Street ♦ St. John's, NL ♦ A1C 3L7



February 9, 2020
Fifth Sunday after Epiphany

Minister: Rev. Miriam Bowlby, B.A. (Hons) M.Div (*on sabbatical*)
Minister Emeritus: Rev. Eric Hillier
Minister of Music: Patricia Young
Director of Music: Evan Smith

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www.cochranestreetuc.com

Welcome to Cochrane Street United Church

Whether you are here for the first time or this is your church home – welcome to our community of faith.
Following worship there is a time of fellowship.

USHERING TEAM FOR FEBRUARY

Ian McMaster, Gerry Penney, Bill Squires, Blair Bradbury

THIS WEEK AT COCHRANE STREET FEBRUARY 10 – FEBRUARY 16

Tuesday: 6:30 PM Choir Practice Bannerman St Entrance
Tuesday: 12:30 PM Yoga in sanctuary, Bannerman Entrance
Sunday: 10:00 AM Choir Practice

OFFICE

Office Hours: Tuesdays 10:00 am – 3:00 pm
Wednesdays 10:00 am – 3:00 pm
Thursdays 10:00 am – 3:00 pm

Email: info@cochranestreetuc.com

Phone: 709-722-3023

Website: www.cochranestreetuc.com

Cochrane Centre Contact information for bookings
709-754-2532 or info@cochranecentre.ca

PASTORAL EMERGENCIES AND FUNERALS

While Rev. Miriam is on sabbatical, Rev. Bruce Kearly will be covering all pastoral emergencies and funerals.
You can reach him at (709) 739-9025

Like us on Facebook or Follow us on Twitter!
www.facebook.com/Cochranestreetuc and [@CochraneStreet](https://twitter.com/CochraneStreet)

GATHERING AS GOD'S PEOPLE

* Please Stand as you are able

Worship Leaders: Tim Reynolds and Rev. Eric Hillier

PRELUDE:

***INTROIT: A Light Is Gleaming #82VU (chorus)**
A light is gleaming,
spreading its arms throughout the night,
living in the light.
Come share its gladness,
God's radiant love is burning bright,
Living in the light.

***WELCOME AND ANNOUNCEMENTS:**

***PASSING OF THE PEACE**

Let our hospitality towards each other reflect God's love.
The Lord be with you.

And also with you.

Let us greet one another with the peace of Christ.

REFLECTIVE MUSIC: Jesu tawa pano #189MV
(Jesus We Are Here)

Jesu tawa pano; Jesu tawa pano;
Jesu tawa pano; tawa pano, mu zita renyu.
Jesus, we are here; Jesus, we are here;
Jesus, we are here; we are here for you.

***CALL TO WORSHIP:**

O God, you call us out of our ordinary lives;

to see your glory.

You call us to reach beyond the known

to hear the wonder of your word.

You call us to worship together

to touch your grace.

Come let us worship

worship the God of glory, wonder and grace.

***PRAYER OF APPROACH:**

**Generous God, you give us the gift of your Spirit,
but we confess that we have not known how to use it.**

You send us the Spirit of courage,
but we have been afraid.
You send us the Spirit of truth,
but we cling to our illusions.
You send us the Spirit of healing,
but we cannot let go of our hurts.
Holy Spirit of forgiveness, come to us again:
shake our hearts,
set our souls on fire with your love:
send us out into the world
rejoicing in your power.
We ask for your help
to live the way of your justice and love. Amen.

***HYMN: Now Thank We All Our God**

#236VU

PRAYER OF CONFESSION:

God of all Mercy,
We come before you
Knowing we have not always lived up
to your call to care for others and the world.
Help us to love as Christ loved.
Knowing our own weakness,
may we stand with all who stumble.
Sharing in his suffering,
may we remember all who suffer.
Held in his love,
may we embrace all whom the world denies.
Rejoicing in his forgiveness,
may we forgive all who sin against us.
In Jesus' name we pray. Amen

ASSURANCE OF PARDON:

Hear the Good News:
God has not abandoned us to the grave.
In Jesus Christ, God has forgiven us,
and has shown us the paths of life.
God's Spirit is among us; we shall live!
Thanks be to God. Amen

CHILDREN'S TIME:

***HYMN: This Little Light of Mine (see insert)**

OFFERING INVITATION AND OFFERTORY VOLUNTARY:

***OFFERTORY HYMN: Asante Sana Yesu #188MV**

I thank you, thank you, Jesus, I thank you, thank you, Jesus,
I thank you, thank you, Jesus, in my heart.

I thank you, thank you, Jesus, I thank you, thank you, Jesus,
I thank you, thank you, Jesus, in my heart

OFFERTORY PRAYER:

Gracious God,

Accept all that we offer to you today.

**Bless our gifts of time and talent,
as well as our gifts of money.**

May they all be used for the building up of your Kingdom.

In Jesus' name, we pray. Amen.

GOD'S WORD FOR US TODAY

PRAYER FOR ILLUMINATION:

Eternal God,

In the reading of scripture, may your Word be heard;

In the meditations of our hearts, may your Word be known;

In the faithfulness of our lives, may your Word be shown. Amen.

SCRIPTURE READING: ISAIAH 58:1–9a

The Word of the Lord – Thanks be to God.

Reader: Karen Critch

RESPONSIVE PSALM: PSALM 112 (pg. 834VU)

Reader:

GOSPEL READING: MATTHEW 5:13–20

The Word of the Lord – Thanks be to God.

ANTHEM: Come to the Table of The Lord

SERMON: The Salt and Light of the World

COMMUNION HYMN: As We Gather

#457VU

THE SACRAMENT OF HOLY COMMUNION

INVITATION:

In the name of the One who said,
"I am the Bread of Life,"
I invite you to come and eat.
In the name of the One who said,
"I am the True Vine,"
I invite you to come and drink.
In the name of the One who said,
"Love one another, as I have loved you",
I invite you to the table of Jesus Christ.
This is the table of the risen Christ

**In this feast gleams the promise of the earth
and glory of all creation.**

In this feast comes the Christ
Saviour and Friend to all.

THE GREAT THANKSGIVING

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them up to the Lord.

Let us give thanks to the Lord our God

It is right to give our thanks and praise.

Holy God, Holy One, Holy Three!
Before all that is, You were God.
Outside all we know, You are God.
After all finished, You will be God.
Archangels sound the trumpets,
Angels teach us their songs,
Saints pull us into your presence.

And this is our song:

**Holy, holy, holy God
our life, our mercy, our might.
Heaven and earth are full, full of your glory.
Save us, we pray, you beyond all.
Blest is he who comes in your name.
Save us, we pray, you beyond all.**

Holy God, Holy One, Holy Three!
You beyond the galaxies,
You under the oceans
You inside the leaves,
You pouring down rain,
You opening the flowers,
You feeding the insects,
You giving us your image,
You arcing us through the waters,
You holding us in the night,
Your smile on Sarah and Abraham,
Your hand with Moses and Miriam,
Your worlds through Deborah and Isaiah,
You giving us Jesus Who lived among us,
Healing, teaching, dying, rising
Inviting us all to the feast.
On the night Jesus was betrayed,
Jesus took bread, and gave thanks;
He broke the bread and gave it to his disciples saying,
"Take and eat; this is my body given for you.
Do this in remembrance of me."
And again after supper he took the cup, gave thanks,
And gave it for all to drink, saying:
"This is the cup of the new covenant in my blood,
Shed for you and all people
For the forgiveness of sin.
Do this in remembrance of me."

Great is the mystery of faith:

Christ has died.

Christ has risen.

Christ will come again.

Holy God, Holy One, Holy Three!
Pour out your Holy Spirit on us and on this meal.
Enliven this bread,
Awaken this body,
Pour us out for each other
Open our minds,
Ignite your church,
Nourish the life of the earth.

Make us, while many, one.
Make us, though broken, whole,
Makes us, despite death, alive.

This sacrifice of praise and thanksgiving
we offer you, loving God,
through Jesus Christ, our Saviour,
in the unity of the Holy Spirit,
one God, forever and ever.

Holy God, Holy One, Holy Three!
We praise you now and forever.
Through Christ, with Christ and in Christ,
in the unity of the Holy Spirit,
all glory is yours, God most Holy.
Amen

GOING FORTH TO SHARE GOD'S LOVE

PRAYERS OF THE PEOPLE AND THE LORD'S PRAYER

Our Father, who art in heaven, Hallowed be thy name. Thy Kingdom Come, Thy will be done on earth as it is heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power and the glory, for ever and ever. Amen.

***HYMN: Breathe On Me, Breath Of God #382VU**

PRAYER FOR GUIDANCE:

Holy God, Dreamer of dreams, We offer Cochrane Street United Church to you. We are your people, this is your church. We come to you seeking your guidance, your purpose, your vision. Align our will with yours, so that we will be willing to do whatever it takes to carry out your plan. We ask you to break through in new ways in our church. Show us the great ministry you have in store for us. Help us dream your dreams. Pour out your Holy Spirit on us, giving us the vision, boldness, and confidence to do all that you call us to do. Amen.

COMMISSIONING AND BENEDICTION:

CHORAL BENEDICTION: I'm Gonna Shout #183MV
I'm gonna shout, shout, shout out my love for Jesus, for Jesus!
I'm gonna shout, shout, shout out my love for God's most holy child!
For whatever I might do today,
At home, at school, at work, at play,
I've got Jesus' love deep down inside of me!

POSTLUDE:

MEMORIALS

*In memory of Holly Christine Butt,
From Emily Butt & Family*

*In memory of Holly C. Butt,
From Pat & Ros McGrath, Randy & Jacqueline Butt,
Wayne & Valerie Butt, and Glenn & Karen Butt*

ANNOUNCEMENTS

ANNOUNCEMENTS: If you wish to have an announcement included in the bulletin, please have it into the office by Wednesday at noon.

NO SCENTS MAKES GOOD SENSE! A friendly reminder that members of our congregation are sensitive to scented products. Thank you for helping create a safe environment in which we can all fully participate.

SUNDAY SCHOOL has recommenced!
Please bring your children and grandchildren.

FEBRUARY – MARCH 2020 WORSHIP SCHEDULE

FEB 9 (11:00 am) – 5th Sunday after Epiphany (Tim Reynolds)
FEB 16 (11:00 am) – 6th Sunday after Epiphany
Eleanor Bonnell, Bridges to Hope (*message*)
Stephen Jewczyk (*leading service*)
FEB 23 (11:00 am) – Transfiguration Sunday (Rev. Bruce Kearley)
MAR 1 (11:00 am) – 1st Sunday in Lent (Rev. Heather OR Rev. Scott)
Communion
MAR 8 (11:00 am) – 2nd Sunday in Lent (Tim Reynolds)
MAR 15 (11:00 am) – 3rd Sunday in Lent (Karen Critch)
MAR 22 (11:00 am) – 4th Sunday in Lent (Betty Barnes)
MAR 29 (11:00 am) – 5th Sunday in Lent (Rev. Peggy Johnson)

MARK YOUR CALENDARS

- TUE, FEB 18 (6PM)** – Men's Service Club Mtg, Community Hall, Bannerman St
TUE, FEB 25 (5-7PM) – Pancake Supper, Community Hall, Bannerman Entrance
SUN, MAR 22 – Cochrane Street United Church Annual General Mtg

CHILDREN'S TIME VOLUNTEERS: We are looking for volunteers to do Children's Time during Sunday worship service. If interested, please contact the church office at 722-3023. Thank you for sharing your talents!

CSUC MEN'S SERVICE CLUB: The next meeting will be held at Cochrane Centre on **Tuesday, February 18, 6:00pm**. All men are welcome to attend and enjoy an evening of good food, great fellowship, and fun. For further information and to confirm your attendance, please contact the church office at 722-3023 or info@cochranestreetuc.com.

BROADVIEW (Observer): Annual Subscriptions are now due. Subscriptions cost \$25. Please have your monies sent to Paula Reynolds by February 16, 2020, 18 Cornwall Ave, St. John's, OR call her at 325-2106. Please make cheques payable to Broadview.

SHROVE TUESDAY PANCAKE SUPPER VOLUNTEERS: We are having a pancake supper on Tuesday, February 25, and we are looking for volunteers. You can sign up for the time that works best for you. A sign up sheet is on the bulletin board on the way into coffee time or you can contact the office info@cochranestreetuc.com.

3:30pm – 5:00pm *Set Up Volunteers*
4:15pm – 6:30pm *Volunteer Cooks*
5:00pm – 6:30pm *Volunteer Servers*
5:30pm – 7:30pm *Clean Up Volunteers*

SHROVE TUESDAY PANCAKE SUPPER: Please join us for a time of fellowship and friendship at our pancake supper February 25, 5:00 - 6:30pm at Cochrane Centre. We will be serving pancakes, sausages, apple sauce, tea and coffee. Cost is \$7.00 per adult; \$5.00 per child.

COCHRANE STREET AGM: Mark your calendars! Our Annual Meeting will take place on **March 22 after church**. It is a great time to look back at what we accomplished together last year and look ahead to the future as we plan for the next few years.

ANNUAL REPORTS: Hello Everyone, it is that time of year again! We are getting ready for our annual meeting. Please send your annual report. Harold Grandy has graciously volunteered to put the annual reports together again this year. To help make this as easy as possible, please send them in MS Word format to Harold at hgrandy@nf.sympatico.ca BEFORE Friday, February 14, 2020. If your group has its own bank account, please include your financial statement. Thanks for your help.

REQUEST FOR USHER VOLUNTEERS: We are seeking more ushers for our January team as well as to supplement our other ushering teams. If interested, please contact the church office at info@cochranestreetuc.com or 709-722-3023. Your help is much appreciated!

YOGA Flow Registration now open! It's for 6 weeks on **Tuesdays, 12:30pm**, at Cochrane Centre, 42 Bannerman Street, in the sanctuary. Sessions began JAN 16. Cost is \$39.50 (includes HST & \$5 CC Facility Fee). To register, please click here: <https://sites.google.com/site/karmafitnessyoga/yoga-flow-registration-cochrane-st-church>.

RECYCLABLES: Drop off your recyclables at any Green Depot and use the Cochrane Street Code (our phone number) 7223023. Your empty containers will support the ministries of our congregation! Can't get your recyclables to the depot? **Call the church office and we will arrange to pick them up.** Thank you in advance for your help.

ENVELOPES: Do you need envelopes? If so, please contact Harold Grandy. Email: hgrandy@nf.sympatico.ca.

CALL FOR NOMINATIONS: First Dawn Eastern Edge Regional Council has launched a call for nominations for two new committees:

- Marketing/Animation and Funding Development Subcommittee, Sing 2025
- Web Content Development Subcommittee, Sing 2025

Further details located at www.united-church.ca/opportunities and on the bulletin board. Please share this with people who might express their interest, or nominate others. Expressions of interest and nominations can be submitted using this online form, <https://unitedchurch.formstack.com/forms/sing2025>. However, people are also welcome to submit by email, mail, or whatever method works best for them.

Deadline to express interest is MON, FEB 10.

Nominations Team of First Dawn Eastern Edge Regional Council: We acknowledge we're all in that growing phase together, getting used to a new regional model. Instead of leaving the care of our new United Church family structure in the hands of a few people, we need to work together as a village, bearing the good and bad as a family. This means working in groups – committees – to bring about good in God's name. If things go wrong, you can be a part of the solution to help mend it. God is calling us to work together on this family and we really do need everyone's help to make it work. If you can help or need more information, contact Bruce Rideout at bruce.rideout@ymail.com and share your area of interest.

FIRST LIGHT & CCOPC MONTHLY UPDATE: All of our regular long-term rentals are back with us after a short break for the holidays!

FEB 21–22: Art Hive Exhibition

For more information, please call 754-2532 or email heidi@firstlightnl.ca.

Leadership Development and Continuing Education: For lay people and clergy who want to learn, explore, and question, the Centre for Christian Studies is offering two one-week learning circles: **Oppression and Resistance** (Apr 15-21) and **Ages and Stages** (April 23-29). Application DEADLINE the end of February. Both will be in Winnipeg. Click on the name of the circle to find out more. If you have questions call 204-783-4490 or e-mail info@ccsonline.ca. *This announcement was distributed by First Dawn Eastern Edge Regional Council.*



Donating Your Gently-Used Furniture Could Change a Life

Home Again Furniture Bank is a local nonprofit organization that provides gently-used furniture and housewares to individuals and families in need. Each week, Home Again volunteers ensure that our neighbours have beds to sleep in and tables to share a meal around.

For more information on how you can help to transform homes, and lives, please connect with Home Again at info@homeagainfb.com or www.homeagainfb.ca

WRITERS' CIRCLE: Are you looking for a group to share your ideas and writings with and get some helpful feedback? St. James "Writers' Circle" is an informal and friendly group of individuals interested in writings of all different genres. Join us the 2nd and 4th Mondays of the month at 7:00pm. For more information, contact 722-1881, ext. 200 or email Chris at chrispenney@gmail.com.

NOTES FROM THE ARCHIVES

Many people assisted in fighting the fire which destroyed the church, (Jan 18, 1914) including the fire department, the constabulary, and naval reservists, under the command of Lieutenant Commander Atlay, Captain of HM Training Ship "Calypso", who sent 40 men to the scene under the command of Gunnery Instructor Sangwell.