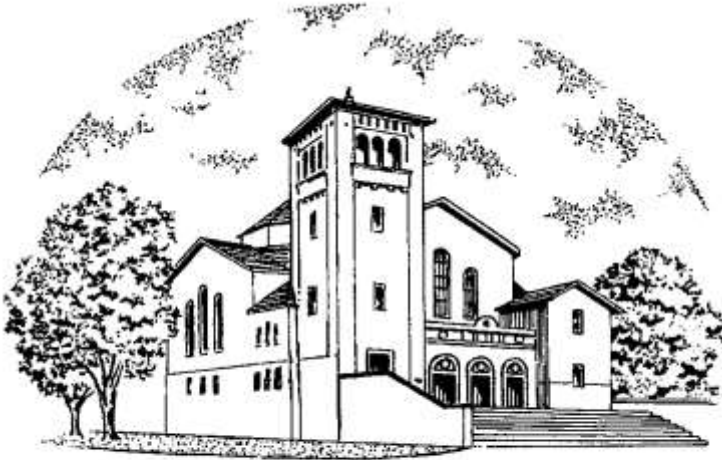


Cochrane Street United Church

81 Cochrane Street ♦ St. John's, NL ♦ A1C 3L7



October 1st, 2023 **WORLD WIDE COMMUNION SUNDAY**

Guest Presider: Rev. Peggy Johnson
Minister Emeritus: Rev. Eric Hillier
Minister of Music: Patricia Young
Director of Music: Tristan Cleveland-Thompson
Technical Operations: John Williams, Jackabon Media

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GATHERING AS GOD'S PEOPLE

*please stand as you are able

**bold is in unison

LAND ACKNOWLEDGEMENT

We respectfully acknowledge the territory in which we gather as the ancestral homelands of the Beothuk, and the island of Newfoundland as the ancestral homelands of the Mi'kmaq and Beothuk. We would also like to recognize the Inuit of Nunatsiavut and NunatuKavut and the Innu of Nitassinan, and their ancestors, as the original people of Labrador. We strive for respectful relationships with all the peoples of this province as we search for collective healing and true reconciliation and honour this beautiful land together.

PRELUDE:

WELCOME AND ANNOUNCEMENTS

Please see your congregational email for detailed announcements.

***INTROIT VU #382: Breathe on Me, Breath of God (vs. 1)**

**Breathe on me, breath of God,
Fill me with life a-new,
That I may love what thou dost love,
And do what thou wouldst do.**

LIGHTING OF CHRIST CANDLE & PASSING OF THE PEACE:

The light of Christ is with us.

Here, now. In this place.

In Christ, although we are many, here, we are one.

Let our actions towards each other reflect God's love.

The Lord be with you.

And also with you.

Let us greet one another with the peace of Christ.

***REFLECTIVE MUSIC MV #18: Lord prepare me to be a sanctuary (vs. 1)**

Lord, prepare me, to be a sanctuary,

Pure and holy tried and true:

With thanksgiving, I'll be a living-

Sanctuary for you.

CALL TO WORSHIP

Leader: Greetings to our brothers and sisters in the faith.

People: We come to celebrate God's presence,

Leader: and God's love expressed through Jesus Christ.

People: We come remembering Christ's life and his ministry,

Leader: and the life we are all called to live.

People: We come as pilgrims searching for ways to live out our faith.

Leader: We come seeking the strength to continue on our journey.

All: Let us rejoice in God's gift to us! Amen

PRAYER OF APPROACH

Come to us, Holy God, as we gather before you; encircle us with your love. Bless us with your sustaining presence; and surround us with your grace. Open us up to your living Word; and bind us to one another as disciples of Christ, whose Spirit is in our midst. Amen

***HYMN: Joyful, Joyful We Adore You # 232 VU**

PRAYER OF CONFESSION:

Leader: We offer our confession for the pain we have caused others in our day-to-day living this past week. God of justice and mercy

People: receive our prayer.

Leader: We pray for those among us who lack the resources to enjoy a good quality of life, and we confess those times when we have been greedy and selfish. God of justice and mercy,

People: receive our prayer.

Leader: We pray for those who are suffering because of physical or emotional illness. We pray especially for those whose hurt we may have caused by our unkind words and actions. God of justice and mercy,

People: receive our prayer.

Leader: We pray for the weak, the vulnerable, the abused and the innocent. We confess the times when we have ignored those most needy and focused on ourselves. God of justice and mercy,

People: receive our prayer.

Leader: We pray for the peacemakers, those who live daily in danger for their lives. We confess our own anger that sometimes takes away the peace in our own life space. God of justice and mercy,

People: receive our prayer and forgive us, in Jesus' name. Amen

ASSURANCE OF PARDON

The God who challenges us is also the God who encourages us. The God who confronts us is also the God who accepts us. Be assured that God is with us here and now, accepting us, guiding us, and forgiving us.

People: In Jesus Christ we are forgiven. Thanks be to God! Amen

***HYMN: Make Me A Channel of Your Peace # 684 VU**

LEARNING TOGETHER

OFFERING INVITATION & VOLUNTARY

OFFERTORY HYMN VU #543: We Give Thee But Thine Own (vs. 1)

We give thee but thine own
whate'er the gift may be;
all that we have is thine alone,
a trust, O Lord, from thee.

OFFERTORY PRAYER

We bring our gifts to you, O God. Here is the work of our hands, the fruits of our labors, and the love of our hearts. Accept them and use them in your service. We pray through Christ our Lord. Amen

GOD'S WORD FOR US TODAY

PRAYER OF ILLUMINATION:

Holy God, prepare our souls to hear your Word. Silence in us any voices but yours. In hearing, may your voice implant your Word into our hearts. In Jesus' name. Amen

OLD TESTAMENT READING

Micah 6: 1-8

The Word of the Lord – **Thanks be to God.**

GOSPEL READING

Matthew 5:1-9

The Word of the Lord – **Thanks be to God.**

ANTHEM: Bread of the World, *by Bullard*

SERMON: What does the Lord require of me?

Reflective Music

GOING FORTH TO SHARE GOD'S LOVE SACRAMENT OF HOLY COMMUNION

***HYMN:** Just as I Am

508 VU

The Invitation:

In the name of the One who said,
"I am the bread of life,"
I invite you to come and eat.
In the name of the One who said,
"I am the true vine,"

I invite you to come and drink.
In the name of the One who said,
“Love one another as I have loved you,”
I invite you to the table of Jesus Christ.
This is the table of the risen Christ.

The Great Thanksgiving:

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them up to the Lord.

Let us give thanks to the Lord our God.

It is right to give God thanks and praise.

The Eucharistic Prayer

It is indeed right that we should praise you

Gracious God, for you created all things.

You formed us in your own image:

male and female you created us.

When we turned away from you in sin,

you did not cease to care for us,

but opened a path of salvation for all people.

Therefore, with all your saints

who have served you in every age,

we give you thanks and raise our voices

to proclaim the glory of your name.

Holy, holy, holy Lord, God of power and might,

Heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is the One who comes in the name of the Lord.

Hosanna in the highest.

PRAYER OF THE PEOPLE

With thanksgiving we take this bread and this cup and proclaim Jesus' death and resurrection. Pour out your Holy Spirit upon us that this meal may be our communion in the body of Christ. Make us one with Christ and with all who share this feast. Forgive us our sins, unite us in faith, encourage us with hope, inspire us to love, that we may serve as your faithful disciples until we feast at your table in glory. Together we proclaim the mystery of the faith.

All: Christ has died. Christ is risen. Christ will come again.

THE LORD'S PRAYER (VU #960)

Leader: *The Breaking of the Bread and the Filling of the Cup*

Prayer Before Communion

Gracious God, by the death of your child you have destroyed the power of death, and by raising him to life you have given us life for evermore. Send your Holy Spirit upon us and upon these gifts, that all who come to this table may be one body, one holy people, a living sacrifice in Jesus Christ, our Lord. Amen



The Sharing of the Bread and the Cup

Post-Communion Prayer

For the bread we have eaten, for the wine we have tasted, for the life we have received, we thank you, God. Grant that what we have done and what we have been given here may so leave its mark upon us that it may remain in our hearts forever. Through Jesus Christ our Lord. Amen.

***HYMN: All the Way My Saviour Leads Me # 635 VU**

PRAYER FOR GUIDANCE

Holy God, Dreamer of dreams,

We offer Cochrane Street United Church to you. We are your people, this is your church. We come to you seeking your guidance, your purpose, your vision. Align our will with yours, so that we will be willing to do whatever it takes to carry out your plan. We ask you to break through in new ways in our church. Show us the great ministry you have in store for us. Help us dream your dreams. Pour out your Holy Spirit on us, giving us the vision, boldness, and confidence to do all that you call us to do. Amen.

COMMISSIONING AND BENEDICTION

Let us go in peace to love and care for one another in the name of Christ Jesus. Let us remember that life is short and we do not have too much time to gladden the hearts of those who travel with us. So be swift to love, quick to forgive and always be kind.

SUNG BENEDICTION VU #884: You Shall Go Out With Joy
(Isaiah 55)

You shall go out with joy, and be led forth with peace;
The mountains and the hills will break forth before you;
There'll be shouts of joy, and all the trees of the field
Will clap, will clap their hands!
And all the trees of the field will clap their hands,
The trees of the field will clap their hands,
The trees of the field will clap their hands
While you go out with joy (Repeat Refrain X 1)

POSTLUDE:

Please take your bulletins with you when you leave the pew.



The sympathy of the congregation is extended to
Maisie Wilson and her family. Her husband, J. Gordon Wilson,
passed away September 24, 2023.



MARK YOUR CALENDARS

Sunday,	OCTOBER 01	WORLD WIDE COMMUNION SUNDAY CSUC – Rev. Peggy Johnson
Saturday,	OCTOBER 07	Fall Harvest & Plant Sale 10:30am–1pm
Sunday,	OCTOBER 08	THANKSGIVING SUNDAY CSUC – Rev. Karen Bursey
SUNDAY,	OCTOBER 15	WORLD FOOD DAY CSUC – Rev. Karen Bursey

ANNOUNCEMENTS: If you wish to have an announcement included in the bulletin, please have it into the office by Thursday at noon.

NO SCENTS MAKES GOOD SENSE! A friendly reminder that members of our congregation are sensitive to scented products. Thank you for helping create a safe environment in which we can all fully participate.

PASTORAL COVERAGE FOR CSUC: Rev. Peggy Johnson is covering all pastoral emergencies and funerals. She can be reached at (709) 685-9223 or by email at: peggyjoanjohnson@hotmail.com. If Rev. Peggy is not available, please contact Paula Reynolds at pt2reynolds@gmail.com.

Worship service will be held in the community hall: We are returning to worship in the community hall until all repairs to the furnace are completed. Please use the Bannerman Street door. Thank you for your patience and understanding.

OUR FALL MAILOUT is ready for pick up, located in the community space. Please help us save on delivery costs by bringing envelopes to those who live in your neighbourhood. Thank you for your assistance.

A Big Thank You to our volunteers who recently helped stuff envelopes! Your time and effort is truly appreciated.

PARKING ON SUNDAYS: If the Bannerman parking lot is full when you arrive, there MAY be parking available at Stewart Avenue that's behind the College of Registered Nurses of Newfoundland and Labrador (CRNNL).

FALL PLANT AND HARVEST SALE: Our fall plant and harvest sale is Saturday, October 7, 2023, from 10:30am–1:00pm. Drop off your indoor and outdoor plants and chutneys, relishes, jams and marmalades at 81 Cochrane Street on October 7, from 9:30–10:30am. If you need your plants picked up, please contact the church office by Tuesday, October 3, 2023, at info@cochranestreetuc.com or 722-3023.

VOLUNTEER REQUEST: Council has started the updating of the Historical Roll for CSUC. This project is a requirement for all pastoral charges. Linda Bowden, CSUC's archivist, is providing invaluable information and leadership for the project. Brian Johnston and Sandy Stavlo are reviewing the lists of persons on the Roll and contributing valuable additional information to Council. Anyone interested in assisting with the project should contact Sandy Stavlo, who is the lead for Council with this project, through the church office at 722-3023 or info@cochranestreetuc.com.

BRIDGES TO HOPE ITEM OF THE MONTH: For each month of 2023, Bridges To Hope will be suggesting a much needed food item for members of our partner congregations to consider for donation. These items are staples and will go a long way to ensuring that hampers can be filled. For the month of **OCTOBER** we are suggesting canned milk. Of course other nonperishable items are always welcome!

GENERAL COUNCIL EXECUTIVE VIRTUAL MEETINGS: The GCE met virtually September 22–23, 2023. Highlights from the meeting include: Principles-based Justice, Operational Plan Quarterly Report, Code of Conduct policy, etc. Read all the highlights from the meeting on <https://generalcouncil44.ca>.

EDGE SANCTUARY MENTAL HEALTH MINISTRIES: is a Vancouver-based non-profit providing resources that equip the church to support mental health and well-being, FREE of charge. [The Sanctuary Course](https://sanctuarymentalhealth.org/sanctuary-course/) is an 8-session study guide exploring key mental health topics and examining meaningful ways to offer *support recovery*, and *promote well-being*. Find out more at <https://sanctuarymentalhealth.org/sanctuary-course/>.