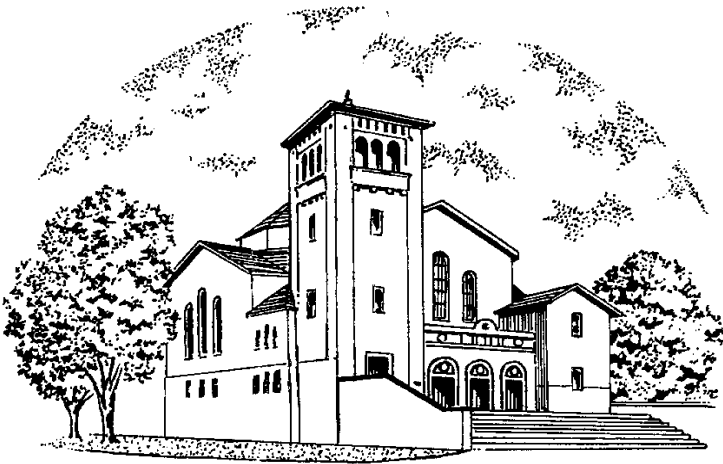


Cochrane Street United Church

81 Cochrane Street ♦ St. John's, NL ♦ A1C 3L7



August 1st, 2021

Minister: Rev. Miriam Bowlby, B.A. (Hons) M.Div, MBA-SEE

Minister Emeritus: Rev. Eric Hillier

Minister of Music: Patricia Young

Director of Music: Evan Smith

Technical Operations: John Williams, Jackabon Media

(t) 709-722-3023 (f) 709-722-3260

info@cochranestreetuc.com

www.cochranestreetuc.com

Welcome to Cochrane Street United Church

Whether you are here for the first time or this is your church home – welcome to our community of faith.

USHERING TEAM SCHEDULED FOR AUGUST 1 *Please note that our service is online this Sunday*

Ian McMaster, Gerry Penney, Bill Squires, Blair Bradbury

THIS WEEK AT COCHRANE STREET **AUGUST 2 – AUGUST 8**

Sunday, August 8 11:00 AM Worship at Cochrane

OFFICE

Office Hours: Tuesdays 9:00 am – 1:30 pm
 Thursdays 11:00 am – 4:00 pm
 Fridays 9:00 am – 4:00 pm

Email: info@cochranestreetuc.com

Phone: 709-722-3023

Website: www.cochranestreetuc.com

Cochrane Centre Contact information for bookings
709-754-2532 or info@cochranecentre.ca

CONTACT REV. MIRIAM

Have a question or need to make an appointment?

You can reach Rev. Miriam in the following ways:

Email: revmiriam@cochranestreetuc.com or Cell: 709-728-8410

Like us on Facebook or Follow us on Twitter!

www.facebook.com/Cochranestreetuc and [@CochraneStreet](https://twitter.com/CochraneStreet)

GATHERING AS GOD'S PEOPLE

*please stand as you are able

LAND ACKNOWLEDGEMENT

We respectfully acknowledge the territory in which we gather as the ancestral homelands of the Beothuk, and the island of Newfoundland as the ancestral homelands of the Mi'kmaq and Beothuk. We would also like to recognize the Inuit of Nunatsiavut and NunatuKavut and the Innu of Nitassinan, and their ancestors, as the original people of Labrador. We strive for respectful relationships with all the peoples of this province as we search for collective healing and true reconciliation and honour this beautiful land together.

PRELUDE:

INTROIT VU 1: River

Spirit, come-a-down to the river-side,
Spirit, spark of wondrous thought.
Spirit, I am free for you to guide,
Spirit, pray that I be taught!

WELCOME AND ANNOUNCEMENTS

Please see your congregational email for detailed announcements.

*LIGHTING OF CHRIST CANDLE & PASSING OF THE PEACE:

The light of Christ is with us

Here. Now. In this place.

In Christ, although we are many,

We are one.

Let our hospitality towards each other reflect God's love.

The Lord be with you.

And also with you.

Let us greet one another with the peace of Christ.

REFLECTIVE MUSIC MV #12: Come Touch Our Hearts vs. 4

Come touch us in the moments we are fragile,
and in our weakness your great strength reveal;
that we may rise to follow and to serve,
steady now our nerve, come touch and bless our wills.

CALL TO WORSHIP:

One: Out of the depths I cry to you, O God:

**Many: We hunger for the bread of life, O Jesus,
and we thirst for you, O God.**

One: O God, hear my voice!

Let your ears be attentive to the voice of my supplications!

**Many: We hunger for the bread of life, O Jesus,
and we thirst for you, O God.**

One: There is forgiveness with you and I wait for you O God,
my soul waits for you.

**Many: We hunger for the bread of life, O Jesus,
and we thirst for you, O God.**

One: In your words I hope. My soul waits for you, God,
more than those who watch for the morning,
more than those who watch for the morning:

**Many: We hunger for the bread of life, O Jesus,
and we thirst for you, O God. Amen.**

PRAYER OF APPROACH:

God of Healing and Transformation,

we hunger and thirst for your abundant life.

we bring you our sorrow and ask for the bread of joy;

we bring you our despair and ask for the bread of hope;

we bring you our weariness and ask for the bread of inspiration.

Meet us here.

We need the bread of heaven to sustain us for our journey to find our
way, that we may be one with you. In Jesus' name we pray, Amen.

HYMN VU # 409 Morning has Broken

- 1 Morning has broken like the first morning,
blackbird has spoken like the first bird.
Praise for the singing! Praise for the morning!
Praise for them, springing fresh from the Word!
- 2 Sweet the rain's new fall sunlit from heaven,
like the first dewfall on the first grass.
Praise for the sweetness of the wet garden,
sprung in completeness where God's feet pass.
- 3 Ours is the sunlight! Ours is the morning
born of the one light Eden saw play!
Praise with elation, praise every morning,
God's recreation of the new day!

PRAYER OF CONFESSION:

Tender, loving God, have mercy on us.

**Like David, we have been greedy,
grasping for what is not ours
even though we have enough.**

We have forgotten your promise:
that you will fill us with the bread of life.

**Like the crowd that followed Jesus
to Capernaum, yet did not understand
what he had given them,
we seek bread for our bodies
more than we seek the bread of heaven.**

Forget our sins, take away our guilt.
Purge us with hyssop, and we shall be clean.
Tender, loving God, have mercy on us.

ASSURANCE OF PARDON:

When we repent, God creates in us a new heart,
and puts a new and right spirit within us.

In the name of Christ, you are forgiven.

**In the name of Christ, we are forgiven.
Glory to God. Amen.**

HYMN VU # 471 Eat this Bread and Never Hunger

REFRAIN: Eat this bread and never hunger,
drink this cup and never thirst;
Christ invites us to the table
where the last become the first.

- 1 Asking for a cup of water,
Jesus touched forbidden ground;
and the woman, with a question,
told the world what she had found. **R**
- 2 Walking down a desert highway,
Jesus healed a man born blind;
soon the man became a witness
to the truth we seek and find. **R**
- 3 Weeping for his friend at graveside,
Jesus felt the pain of death;
yet he knew God's power to waken:
living water, living breath. **R**

OFFERING INVITATION & VOLUNTARY

There are many ways you can offer your financial gifts. As you enter the sanctuary you may lay your offering in the plate. You can send your offering by mail or drop them off in the mailbox. You can donate via eTransfer: csuctreasurer@gmail.com. You can sign up for PAR (Pre-Authourized Remittance) or use the donate button on our website.

Be imitators of God, as beloved children, and live in love. May we give a fragrant offering. The fragrance of the bread of life rising and baking among us is a wonderful reminder of the new life which is arising in our beloved community. Let us give generously as we experience the fragrance of God's life rising in us. This morning's offering will now be received.

OFFERTORY HYMN VU 222: Come Let Us Sing vs. 4

Deserts shall bloom and mountains shall sing
to the desire of all living things.
Come, all you creatures, high and low,
let your praises endlessly flow.

OFFERTORY PRAYER

**Generous, merciful God,
you invite us to the heavenly feast,
promising to fill us with every good thing.
Bless these ordinary gifts of bread
and fruit of the vine,
that we may be kneaded and pressed
into one holy, living body,
in the name of Christ, who lived and died
and rose again. Amen.**

GOD'S WORD FOR US TODAY

PRAYER OF ILLUMINATION:

Gracious God,
may your messages and preaching come to us
through your Holy Spirit's power,
so that our faith might not rest
on the articulation of words
or the barricades of the human mind,
but upon Your power and presence.
Help us never to depend upon our own might or power,
but always upon Your Spirit.

May You, the God of all hope,
fill us with all joy and peace as we trust in you,
and in your holy Son,
the Lord Jesus,
Messiah of all people. Amen.

SCRIPTURE READING

2 Samuel 11: 26 – 12:13a

The Word of the Lord – **Thanks be to God.**

RESPONSIVE PSALM 51:1-12

Have mercy on me, O God,
according to your steadfast love;
according to your abundant mercy
blot out my transgressions.

Wash me thoroughly from my iniquity,
and cleanse me from my sin.

For I know my transgressions,
and my sin is ever before me.

Against you, you alone, have I sinned,
and done what is evil in your sight,

so that you are justified in your sentence
and blameless when you pass judgment.

Indeed, I was born guilty,
a sinner when my mother conceived me.

You desire truth in the inward being;
therefore teach me wisdom in my secret heart.

Purge me with hyssop, and I shall be clean;
wash me, and I shall be whiter than snow.

Let me hear joy and gladness;
let the bones that you have crushed rejoice.

Hide your face from my sins,
and blot out all my iniquities.

Create in me a clean heart, O God,
and put a new and right spirit within me.

Do not cast me away from your presence,
and do not take your holy spirit from me.

Restore to me the joy of your salvation,
and sustain in me a willing spirit.

The Word of the Lord. **Thanks be to God.**

SCRIPTURE READING

John 6: 24–35

The Word of the Lord – Thanks be to God.

SOLO:

SERMON: The Gift of Bread

Reflective Music

GOING FORTH TO SHARE GOD'S LOVE

PRAYERS OF THE PEOPLE AND THE LORD'S PRAYER

Our Father, who art in heaven, Hallowed be thy name.

Thy Kingdom Come, Thy will be done on earth as it is heaven.

Give us this day our daily bread; and forgive us our trespasses,
as we forgive those who trespass against us;

and lead us not into temptation, but deliver us from evil.

For thine is the kingdom, and the power and the glory,
for ever and ever. Amen.

HYMN VU # 467 One Bread, One Body

REFRAIN One bread, one body, one Lord of all,
one cup of blessing which we bless;
and we, though many, throughout the earth,
we are one body in this one Lord.

- 1 Gentile or Jew, servant or free,
woman or man, no more. **R**
- 2 Many the gifts, many the works,
one in the Lord of all. **R**
- 3 Grain for the fields, scattered and grown,
gathered to one, for all. **R**

PRAYER FOR GUIDANCE

Holy God, Dreamer of dreams,

We offer Cochrane Street United Church to you. We are your people, this is your church. We come to you seeking your guidance, your purpose, your vision. Align our will with yours, so that we will be willing to do whatever it takes to carry out your plan. We ask you to break through in new ways in our church. Show us the great ministry you have in store for us. Help us dream your dreams. Pour out your Holy Spirit on us, giving us the vision, boldness, and confidence to do all that you call us to do. Amen.

COMMISSIONING AND BENEDICTION

Jesus said, I am the bread of life.

May we go forth nourished by the bread of life within us.

Our spiritual hunger and thirst is satisfied when we honor the God within us.

Life is short. Amen.

Friends, go into the world with all humility, gentleness, and patience, bearing with one another in love, in the unity of the Spirit, the bond of peace, and the name of Jesus, who is the Bread of Life.

Amen.

SUNG BENEDICTION MV 209: Go Make a Difference (Refrain)

Refrain: Go make a difference. We can make a difference.

Go make a difference in the world. **X2**

POSTLUDE

Please take your bulletins with you when you leave the pew.

MARK YOUR CALENDARS

August 1	Online Service only Guest Preacher Katie Vardy
August 8	Communion Service
August 15	Guest Musician Maggie Power
August 15	BBQ & Bridges To Hope Food Drive
September 5	Online Service only (Joint Service with Cowan Heights United Church)

ANNOUNCEMENTS: If you wish to add an announcement, please have it into the office by Wednesday at noon.

VACATION: Rev. Miriam will be on vacation from July 12 – August 2. During this time, Katie Vardy will be our guest preacher on July 18, July 25 & August 1. Rev. Oliver Dingwell will cover any pastoral emergencies. He can be reached at 709-640-4632 or odingwell@cowanheightsunited.ca.

All Request Summer Sundays are back!! What are your favourite hymns?

Please send your hymn requests to the office (info@cochranestreetuc.com; 722-3023) or to Rev. Miriam revmiriam@cochranestreetuc.com.

RECYCLABLES: Drop off your recyclables at any Green Depot and use the Cochrane Street Code (our phone number) 7223023. Your empty containers will support the ministries of our congregation! Don't forget to drop off your eligible tetra or gable containers and glass containers (including beer & wine bottles) for a refund. Thank you in advance for your help. For more information, check out this website: <https://www.greencan.ca/?page=start>

BAG TO SCHOOL: It has been another hard year for students, and we are determined to send them back to school with everything they need to thrive. Normally, most of our school supplies are donated, but this year what with the pandemic and Health and Safety protocols, we decided it would be safer to purchase them. While this is quite the financial endeavour, we are confident that with the help of our Corporate Sponsors and your generosity, we can achieve this goal.

Students will be given a top-quality school bag packed with all the top brand products and headphones to ensure they start the year off right, with the dignity of not being seen as a 'poor' student by their classmates. Please offer your support and help us spread some relief and joy in our community — both to the students and their parents. Donate at www.bridgestohope.ca.

The GO Project 2020: Plenty of spaces left! Calling all Youth who are ready to meet new people and have a fun (and safe) in-person experience at Cowan Heights United Church this summer! The GO Project is excited to be presenting a two-week long day program, Monday to Friday, from August 9-13 and 16-20. Our programming starts at 8:30am and runs until 4:30pm each day. The youth will also be helping to lead in worship at Cowan Heights United Church on Sunday, August 15, at 11:00am.

This year, we will be exploring the theme of Pride in our lives through worship, reflection, community outreach, discernment, games, activities, and so much more! Open to all youth in **Grades 5-11**. We hope to see you there! Click here to register: <https://forms.gle/g1G1C8J2BKgjYfqD9>

The cost of registration is \$300 and includes a healthy lunch and two snacks each day. Bursary options are available. To find out more, contact office@cowanheightsuntied.ca or visit <https://thegoproject.ca/about-the-go-project/>.

REGIONAL COUNCIL OFFICE 2021 SUMMER HOURS:

Effective June 28 to September 3, the summer hours for the office staff will be:
8:30 am – 4:00 pm Monday to Thursday
8:30 am – 12:00 pm (noon) on Fridays

The bookstore will operate using scheduled curbside pick-up or mailings. Leona continues to be available for orders daily at laundry@united-church.ca. Staff will continue to be available using phone, email and video conferencing. In-person meetings will be accepted by appointment only.

Music @ Harbourside Concerts will resume in person this summer! Admission is FREE. In keeping with public health guidelines, concerts will have a limited capacity. We're hosting three concerts per day – at noon, 2pm, and 4pm, on the following Saturdays: July 10, July 24, August 14, August 28

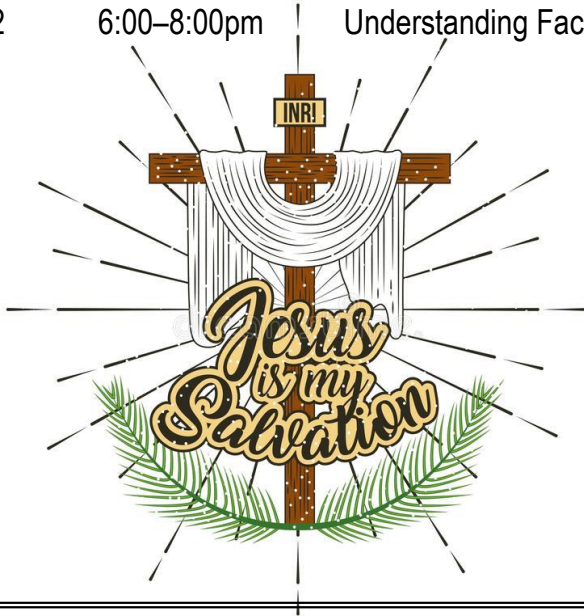
To secure a spot at the concert, get your free ticket by visiting <https://harbourside2021.eventbrite.ca>. If you do not have online access, please call 709-576-8106, Monday to Friday, 9am to 4pm. To promote social distancing, audience members are encouraged to bring their own lawn chair. For the complete lineup, check out this website: <http://stjohns.ca/living-st-johns/arts-and-culture/music-concert-series>.

TechKNOWtutors offers **FREE** learning sessions to groups from many different backgrounds in instructor-led presentations and hands-on activities. As a result of current Public Health measures, we are now teaching all classes through Zoom. To learn more, email us at techknowtutors@cscnl.ca or view our courses at <https://techknowtutors.ca/upcoming-classes/>. Below is just a sampling of what we offer:

Monday, August 2

6:00–8:00pm

Understanding Facebook Live



NOTES FROM THE ARCHIVES

Several church expenses from the 1950 Annual Report:

Light and Power	\$446
Oil	\$1,112
Gas	\$22

