

ANNOUNCEMENTS

No Scents Makes Good Sense! A friendly reminder that members of our congregation are sensitive to scented products. Reactions can vary from not being able to breathe to severe headaches. Thank you for helping.

Envelopes: Do you need envelopes? If so please contact Harold Grandy. Email: hgrandy@nf.sympatico.ca.

Announcements: If you wish to have an announcement included in the bulletin, please have it into the office by Wednesday at 5:00 p.m.

Recycling: Did you know that the church has account at Evergreen Recycling on Elizabeth Avenue and Blackmarsh Road? Drop off your recyclables and use the church's phone number for the account number (7223023) and all the money will go to the church. Thanks for your generosity.

Lloyd Brown's new book, "The Journey Itself" is now available. If you wish to purchase a copy, please contact Lloyd in person, or by calling [753-1186](tel:753-1186). It is also available at Coles and Chapters.

Poetry Blog: Frances McNiven, a member of our church, is sharing her poetry. You can check out her blog at <http://francesmcpoet.blogspot.ca>

Downtown Community BBQ: Join us for our annual community barbeque in Bannerman Park on Sunday, August 27 from 2:00 - 4:30 p.m. There will be free hot dogs, hamburgers, and refreshments; as well as lots of fun!

PAR: What is PAR? It stands for Pre-Authorized Remittance. It means that an amount determined by you gets deducted from your bank account each month. For more information or to sign up for PAR, please contact the church office.

Congregational Email: Do you want to keep up on church news? If so we can add you to the congregational email list. Please send your email to info@cochranestreetuc.com.

COMMUNITY ANNOUNCEMENTS

Eastern Health's Pastoral Care & Ethics Department invites people grieving the loss of a loved one to join an 8-week Bereavement Information & Support Group beginning September 21, 2017. Sessions are held Thursday afternoons from 1:30 – 3:30 p.m.

Location: Health Sciences Centre. For more information, or to register, please contact Robyn Whitten at 777-6959 or Paul Grimes at paul.grimes@easternhealth.ca

Grief and Bereavement Information Session: Time: 7 – 9 p.m.; Date September 12, 2017; Location Dr. L. A. Miller Centre. No registration required and open to the general public. For more information call 777-8972.

Grief and Bereavement and Support Group: Beginning September 21, 2017; Time 1:30 p.m. – 3:30 p.m. ; Runs for 8 consecutive Thursdays; Location Health Science Centre: To register call 777-6959

SUMMER WORSHIP SCHEDULE

Date	Location	Preacher
August 20	Cochrane Street	Rev. Miriam Bowlby
August 27	Cochrane Street	Oliver Dingwell
September 3	George Street	

HYMN: I DO NOT ASK THAT LIFE BE A PLEASANT ROAD

I do not ask, O Lord, that life may be
a pleasant road;
I do not ask that Thou wouldst take from me
aught of its load.

I do not ask that flowers should always spring
beneath my feet;
I know too well the poison and the sting
of things too sweet.

For one thing, only Lord, dear Lord, I plead:
Lead me aright,
Though strength should falter and though heart should bleed,
through peace to light.

I do not ask, O Lord, that Thou shouldst shed
full radiance here
Give but a ray of peace, that I may tread
without a fear.

I do not ask my cross to understand,
my way to see;
Better in darkness just to feel Thy hand,
and follow Thee.

Joy is like restless day; but peace divine
like quiet night:
Lead me, O Lord, till perfect day shall shine,
through peace to light.

Welcome to Cochrane Street United Church

Whether you are here for the first time or this is your church home – welcome to our community of faith. Following worship there is a time of fellowship.

USHERING TEAM FOR AUGUST

Roger Crosbie, Jim Austin, John Perlin, Lloyd Brown,
Jeff Critch and Jim Oakley

THIS WEEK AT COCHRANE STREET AUGUST 14-20

Sunday: 11:00 AM Worship at Cochrane Street United Church

OFFICE

Email: info@cochranestreetuc.com Phone: 709-722-3023
Website: www.cochranestreetuc.com

Like us on Facebook or Follow us on Twitter!
www.facebook.com/Cochranestreetuc and [@CochraneStreet](https://twitter.com/CochraneStreet)

CONTACT REV. MIRIAM

Have a question or need to make an appointment?
You can reach Rev. Miriam in the following ways:

Email: revmiriam@cochranestreetuc.com or Cell: 709-728-8410