

## ANNOUNCEMENTS



THANK YOU to everyone who helped make  
our potluck lunch such a success!

**Announcements:** If you wish to have an announcement included in the bulletin, please have it into the office by Wednesday at 5:00 pm.

**No Scents Makes Good Sense!** A friendly reminder that members of our congregation are sensitive to scented products. Reactions can vary from not being able to breathe to severe headaches. Thank you for helping.

**THANKSGIVING** is early this year - Sunday, October 7. We're looking for volunteers to decorate our sanctuary Wednesday, October 3, at 11AM. Invite a friend!

**Next Meeting of Church Council** is Wednesday, **October 10**, at 7:30pm. If anyone has a matter they wish to bring to the attention of Council, please outline the matter in an email and forward to Stephen Jewczyk Interim Council Chair at [sjewczyk@gmail.com](mailto:sjewczyk@gmail.com).

**CCOPC AGM:** The Cochrane Community Outreach and Performance Centre Annual General Meeting will be held Tuesday, October 30, 7:30 pm, at Cochrane Centre. Please use the Bannerman Street entrance.

**The United Community of Faith Joint Service Of Worship:** will be held at Cowan Heights UC on **October 21 at 7 pm**. We are also extending an invitation to all choir members to participate in a combined choir for this service. Members & friends of all congregations are extended a warm welcome to attend. Refreshments will be served following worship.

**Envelopes:** If you need envelopes, please contact Harold Grandy at [hgrandy@nf.sympatico.ca](mailto:hgrandy@nf.sympatico.ca).

**Recycling:** We have an account at Evergreen Recycling on Elizabeth Avenue and Blackmarsh Road. Drop off your recyclables and use our church's phone number for the account number (7223023) and all the money will go to the church. Thanks for your generosity.

**BEGINNERS' YOGA** is taking place **Tuesdays, 5:30pm - 6:30pm**, at Cochrane Centre in the sanctuary. All levels are welcome. Mats provided. For further information, please contact 754-2532.

**Stuff the Shopping Cart for Bridges to Hope!** We are going to fill another shopping cart full of the most helpful items. Top priority items are tinned milk and canned beans. Other helpful items are canned meat, juice boxes or one liter of juice, cereal, Kraft Dinner, pasta, and pasta sauce. Bring your items to church on Sunday. Thank you for your support.

**More Voices:** The Church Council is looking for your support to purchase 100 copies of *More Voices* – a supplement to our hymn book, often used for Sunday morning worship. Each copy (including protective cover) is \$25.00. Please put your donation in the collection plate marked “More Voices”. If you wish to donate a hymn book in celebration of a special event or in memory of a loved one, please email the office at [info@cochrane-streetuc.com](mailto:info@cochrane-streetuc.com) or write the dedication on your envelope.

**NAMING CONTEST:** Help The United Church of Canada to celebrate and move forward into our exciting new future! You are invited to ponder and prayerfully consider a name for Region 16 – one that reflects who we are as an area and/or what we are about. How do we want to move forward from here, and who do we want to say we are? When people hear our name, will they know who and where we are? Send possible names for our region to the Conference Office ([unitedchurch@nfld.net](mailto:unitedchurch@nfld.net)) by October 26, 2018. The name must be no longer than 44 characters. A panel will select one name from those submitted. The winner will receive a prize.

**The Online Licensed Lay Worship Leader Training Program**, initiated by Cambrian Presbytery and presented through United-In-Learning, is once again requesting the support of Conferences of the United Church of Canada. We completed all four modules at the end of June 2018 and are pleased to announce 23 individuals, from across Canada, have completed the program and are ready to seek licensing from their respective Presbytery E&S Committees. We have other participants in the program who still have one or more modules of training to complete all the requirements.

**Module 1 - Liturgy**, will be presented again in October 2018 and we would appreciate your assistance in getting the word out to the E&S Committees in your Conference area and through them distribution to the Pastoral Charges. The program is designed to allow interested lay participants to join in at the beginning of any of the four modules. Registration for Module 1 is now open to lay members of the United Church of Canada. More information about our program may be seen at: <https://united-in-learning.com/index.php/llwl-online-training-program>.

**Living Well With Advanced Cancer:** Eastern Health invites you to attend an 8-week interactive support group designed to help those living with advanced cancer to reconnect with and sustain meaning in their lives. This program **starts October 3**, meeting Wednesday's from 2-4 pm until November 21 at the Botanical Garden Field Centre, 306 Mount Scio Road. For more details or to register please contact Paul Grimes at 752-8798.

## SEPTEMBER AT L'ARCHE AVALON

Thursday Lunches 12 pm - 1:30pm

We're back to the Avalon Mall Food Court on September 6th.  
Come and share lunch with us.

October 3 at 7:00pm in the City Hall's Foran Green Room

Book your tickets soon! L'Arche Avalon has partnered with other community groups to bring internationally acclaimed breakdancer Luca "LazyLegz" Patuelli to Newfoundland. Tickets and details available at [www.neighbourhooddanceworks.com/luca/](http://www.neighbourhooddanceworks.com/luca/).

**DESSERT & CARD PARTY:** St. Mark's Church on Logy Bay Road will be hosting their Annual Dessert & Card Party in the church hall **Thursday, October 25, at 7:00pm.** Tickets are \$10 each and can be purchased at the church or by calling 726-3213. Tickets can also be purchased at the door. We will be having Auction & Bridge. We look forward to a fun night. Please bring your own cards. If you have any questions, please contact Ruby Kelly at 753-0417. With Many Thanks, God Bless

**My Shining Hour – A tribute to Barbara Streisand:** Meghan Herder is singing all of Streisand's most well known recorded songs. She will be joined on stage with special guests, Holy Heart Chamber Choir and a band of incredible musicians. **Our own Evan Smith is providing musical direction!** It's being held **October 28, 8:00pm-10:30pm** (includes intermission), in the St. John's Arts & Culture Centre. Tickets \$38, available at the ACC Box Office. Call 729-3900 or [artsandculturecentre.com](http://artsandculturecentre.com).

### NOTES FROM THE ARCHIVES

Notice of Meeting, Cochrane Street [Men's] Service Club,  
Tuesday, March 17, 1970:

"The great reorganizational meeting in February attracted almost 50 members, and all promised that they would be back in March. A discussion of the club program led to the appointment of a nominating committee to bring in a slate of officers to be voted on [at] this meeting. The Club appears to be off to a flying start. The time of the meeting was set for 6:45 pm and the cost of the meal at \$1.50."

# **Welcome to Cochrane Street United Church**

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Whether you are here for the first time or this is your church home – welcome to our community of faith.  
Following worship there is a time of fellowship.

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## **USHERING TEAM FOR SEPTEMBER**

Bob Mercer, Brian Johnston, Peter Crosbie,  
Harris Flight, and Robert Evans

## **THIS WEEK AT COCHRANE STREET OCTOBER 1 – OCTOBER 7**

Tuesday: 6:30 PM Choir Practice Bannerman Street Entrance  
Sunday: 10:00 AM Choir Practice  
Sunday: 11:00 AM Worship at Cochrane Street United Church

## **OFFICE**

**Office Hours:** Tuesdays and Thursdays 10:00 am – 1:30 pm  
Wednesdays 10:00 am – 12:00 pm

Email: [info@cochranestreetuc.com](mailto:info@cochranestreetuc.com)

Phone: 709-722-3023

Website: [www.cochranestreetuc.com](http://www.cochranestreetuc.com)

Cochrane Centre Contact information for bookings  
709-754-2532 or [info@cochranecentre.ca](mailto:info@cochranecentre.ca)

## **CONTACT REV. MIRIAM**

Have a question or need to make an appointment?

You can reach Rev. Miriam in the following ways:

Email: [revmiriam@cochranestreetuc.com](mailto:revmiriam@cochranestreetuc.com) or Cell: 709-728-8410

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