

## **ANNOUNCEMENTS**

***Congratulations Evan and Tiffany!***

**They welcomed Harrison to the world on August 24th!**

**No Scents Makes Good Sense!** A friendly reminder that members of our congregation are sensitive to scented products. Reactions can vary from not being able to breathe to severe headaches. Thank you for helping.

**Announcements:** If you wish to have an announcement included in the bulletin, please have it into the office by Wednesday at 5:00 pm.

### **SUMMER WORSHIP SCHEDULE**

SEP 02: Worship at CSUC – Betty Barnes

**Rev. Miriam** will be attending General Council from July 19 - 28 and then on vacation until September 3. If there is a pastoral emergency between August 24 and September 3, please contact Rev. Brian Colbourne (St. James United Church) at 722-1881 or 579-8770.

**Poetry Blog:** Frances McNiven, a member of our church, is sharing her poetry. You can check out her blog at <http://francesmcpoet.blogspot.com>

**Recycling:** We have an account at Evergreen Recycling on Elizabeth Avenue and Blackmarsh Road. Drop off your recyclables and use our church's phone number for the account number (7223023) and all the money will go to the church. Thanks for your generosity.

**Envelopes:** If you need envelopes, please contact Harold Grandy at [hgrandy@nf.sympatico.ca](mailto:hgrandy@nf.sympatico.ca).

**PAR** (Pre-Authorized Remittance) is an amount determined by you that is deducted from your bank account monthly. For more details or to sign up for PAR, please contact the church office at [info@cochranestreetuc.com](mailto:info@cochranestreetuc.com).

**Stuff the Shopping Cart for Bridges to Hope!** We are going to fill another shopping cart full of the most helpful items. Top priority items are tinned milk and canned beans. Other helpful items are canned meat, juice boxes or one liter of juice, cereal, Kraft Dinner, pasta, and pasta sauce. Bring your items to church on Sunday. Thank you for your support.

## BAG TO SCHOOL :

*Thank you to everyone who donated towards this program!  
Your generosity has enabled Bridges To Hope to meet its quota!*

**More Voices:** The Church Council is looking for your support to purchase 100 copies of *More Voices* – a supplement to our hymn book, often used for Sunday morning worship. Each copy (including protective cover) is \$25.00. Please put your donation in the collection plate marked “More Voices”. If you wish to donate a hymn book in celebration of a special event or in memory of a loved one, please email the office at [info@cochranestreetuc.com](mailto:info@cochranestreetuc.com) or write the dedication on your envelope.

**BEGINNERS' YOGA** is taking place **Tuesdays, 5:30pm - 6:30pm**, at Cochrane Centre in the sanctuary. All levels are welcome. Mats provided. For further information, please contact 754-2532.

**Season of Creation Sept. 1 - Oct. 4:** You are invited to relax and become more aware of the beauty and importance of the natural world in our lives as well as for the obligation we have to preserve it. Stay tuned for more info on an Inter-denominational **Bon Fire on Middle Cove Beach, Sept. 21 at 7pm**, and a **Reflection on Water event scheduled for Bowering Park at 2pm, September 30**. Both events are sponsored by the Mercy Centre for Ecology and Justice. For further information, please contact Jennifer Taylor at 754-0386 or [unitedchurch@nfld.net](mailto:unitedchurch@nfld.net).

Come **“Awaken the Energy Within”** for more relaxation, energy, wellness and joy with **FREE** Wisdom Healing Qigong and T'ai Chi Chih Joy thru Movement sessions **September 4 – 6, at The Lantern**, 35 Barnes Road, and **September 8 at Presentation Sisters Retreat House**, 47 Parsonage Drive. New and returning students welcome! Regular 8-week classes begin October 16 until December 6. For more details, please contact Sheila at 727-7863 or [sheilaleonard@nf.sympatico.ca](mailto:sheilaleonard@nf.sympatico.ca), or visit the News menu bar at [www.sheilaleonard.ca](http://www.sheilaleonard.ca). Can also call The Lantern at 753-8760.

**Mitch Ghaney is an organist and serviceman** seeking old Hammond organs and Leslie speaker cabinets that are in disuse or disrepair for use in organ restoration projects or to be restored themselves. He can be contacted at 743-7077. Thank you for your time.

**Burry Heights Day September 15:** We would love to see you for any or all of our events. Tickets are available, in advance, until September 1. Email: [burryheightsday@gmail.com](mailto:burryheightsday@gmail.com) Tel: 709-754-8824  
Thank you for your support.

**NOON – 1:00PM**

\$5.00 for soup, tea/coffee OR BBQ hot dogs, burgers, beverage

**1:00PM – 4:30PM**

Sale of goods – silent auction – live entertainment – rent your own table

**5:00PM – Dinner Theatre**

\$20.00 Adults – stuffed chicken breast with all the trimmings

\$10.00 Kids – feast on chicken nuggets

**6:00PM**

Entertainment by our youth and camp fire

**Easter Seals 2018 Run Walk Stroll and Roll** is being held at **Bowring Park on September 8 from 10am - 3pm.** There will be Yoga class from Mews Yoga, entertainment, lawn games and a BBQ afterwards! If interested in registering or volunteering, please call 754-1399 (ext. 299), contact [jayme@eastersealsnl.ca](mailto:jayme@eastersealsnl.ca), or visit <https://easterseals.akaraisin.com/Common/Event/Home.aspx?seid=17674&mid=8> for more information!

**Opera On The Avalon:** Each year, singers, musicians, stage directors and stage designers from all around the world stay with families like yours in St. John's, enjoying the quintessential Newfoundland experience as part of OOTA' Billet Housing Program. OOTA is seeking host families for 12 artists who will be joining us from Canada and the United States on October 13 through to November 12. Hosting an artist offers billet families and exciting behind-the-scenes look at our productions and exclusive host family benefits. Interested? Contact our office at (709) 738-1322 or [admin@operaontheavalon.com](mailto:admin@operaontheavalon.com) or for more details!

**My Shining Hour – A tribute to Barbara Streisand:** Meghan Herder is singing all of Streisand's most well known recorded songs. She will be joined on stage with special guests, Holy Heart Chamber Choir and a band of incredible musicians. **Our own Evan Smith is providing musical direction!** It's being held **October 28, 8:00pm-10:30pm** (includes intermission), in the St. John's Arts & Culture Centre. Tickets \$38, available at the ACC Box Office. Call 729-3900 or [artsandculturecentre.com](http://artsandculturecentre.com).

# **Welcome to Cochrane Street United Church**

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Whether you are here for the first time or this is your church home – welcome to our community of faith. Following worship there is a time of fellowship.

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## **USHERING TEAM FOR SEPTEMBER**

Rick Mercer, Brian Johnston, Peter Crosbie,  
Harris Flight, and Robert Evans

## **THIS WEEK AT COCHRANE STREET SEPTEMBER 3 – SEPTEMBER 9**

Sunday: 11:00 AM Worship at Cochrane Street United Church

## **OFFICE**

**Office Hours:** Tuesdays, Wednesdays, and Thursdays  
10:30 am – 1:30 pm

Email: [info@cochranestreetuc.com](mailto:info@cochranestreetuc.com)

Phone: 709-722-3023

Website: [www.cochranestreetuc.com](http://www.cochranestreetuc.com)

Cochrane Centre Contact information for bookings  
709-754-2532 or [info@cochranecentre.ca](mailto:info@cochranecentre.ca)

## **CONTACT REV. MIRIAM**

Have a question or need to make an appointment?

You can reach Rev. Miriam in the following ways:

Email: [revmiriam@cochranestreetuc.com](mailto:revmiriam@cochranestreetuc.com) or Cell: 709-728-8410

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