

ANNOUNCEMENTS

No Scents Makes Good Sense! A friendly reminder that members of our congregation are sensitive to scented products. Reactions can vary from not being able to breathe to severe headaches. Thank you for helping.

Announcements: If you wish to have an announcement included in the bulletin, please have it into the office by Wednesday at 5:00 p.m.

We acknowledge with thanks a donation to the Memorial Fund:

In memory of Dorothy & David Peters from son, David

In memory of Lorraine Critch from Yvonne & Mike Walsh, Audrey Burry and Joyce Grimes

In memory of Grace Oakley from Judy & Ed Stratton

In memory of Ida Pomeroy from Frank & Celeste Hawkins

In memory of loves ones from Byron & Cheryl Briggs

Stuff the Shopping Cart for Bridges to Hope! We are going to fill a shopping cart full of the most helpful items. The top priority items are canned milk and canned beans. Other helpful items are: canned meat, 1 liter of juice or juice boxes, cereal and pasta sauce. Bring your items to church on Sunday. Thank you for your support.

Choir practice: The choir rehearses every Tuesday at 6:30pm, as well as Sunday mornings at 10am. EVERYONE is welcome - at any level of singing or music-reading. Come join us in the joy of singing together - spiritually & scientifically proven to be good for the soul!

Chi Gong at St. James UC starting January 16: An 8 week program, every Tuesday, 10:30-11:30am, led by Dr. Yajing Song, Ph. D. in Chinese Medicine, who has been practicing in St. John's since 1994. She also has taught Tai Chi for more than ten years and Chi Gong privately. Chi Gong (*Life Energy Cultivation*) involves moving meditation, coordinating slow flowing movement, deep rhythmic breathing, and calm meditative state of mind. It is suitable for all ages. To register for this course, please contact Dr. Song at 579-5799.

Cost is \$80 for the 8 weeks, to be paid at the first class. If driving, please park for free in the first line nearest to Elizabeth Avenue. Anywhere else in the parking lot is liable for a ticket.

We Three Kings

We three kings of Orient are;
Bearing gifts we traverse afar,
Field and fountain, moor and mountain,
Following yonder star.

**O star of wonder, star of light,
Star with royal beauty bright,
Westward leading, still proceeding,
Guide us to thy perfect light.**

Born a King on Bethlehem's plain
Gold I bring to crown Him again,
King forever, ceasing never,
Over us all to reign. **R**

Frankincense to offer have I;
Incense owns a Deity nigh;
Prayer and praising, voices raising,
Worshipping God on high. **R**

Myrrh is mine, its bitter perfume
Breathes a life of gathering gloom;
Sorrowing, sighing, bleeding, dying,
Sealed in the stone cold tomb. **R**

Glorious now behold Him arise;
King and God and sacrifice;
Alleluia, Alleluia,
Sounds through the earth and skies. **R**

January 8,15, 22, 29 at 11am at St. James United Church: NIA (no impact aerobics) with Elaine Dunphy; \$5. Seniors are welcomed and encouraged. You will nurture your inner child – the class is fun and easy to follow. If you cannot move your legs, it can be practiced in a chair. Come on out and discover the joy of movement. Wear comfortable clothing and bring drinking water. When driving, please park for free in the first line nearest Elizabeth Avenue. Anywhere else in the parking lot is liable for a ticket.

NOTES FROM THE ARCHIVES

A four part series about loss and rebuilding.

Part 1

The first church was destroyed by fire on Sunday night, January 18, 1914, shortly after the end of the evening service. The night was snowy and windy which later changed to rain, thus protecting the nearby houses from catching fire. The fire was nearly extinguished by midnight and by morning, the church had been reduced to rubble. The cause was never determined.

Welcome to Cochrane Street United Church

Whether you are here for the first time or this is your church home – welcome to our community of faith. Following worship there is a time of fellowship.

USHERING TEAM FOR JANUARY

Ian McMaster, Sig Lenser, Cecil Pelley,
Fraser Ellis, Jo-Ann Kelly, David Molyneux

THIS WEEK AT COCHRANE STREET JANUARY 08 – JANUARY 14

Tuesday: 6:30 PM Choir Practice Bannerman Street Entrance
Sunday: 10:00 AM Choir Practice
Sunday: 11:00 AM Worship at Cochrane Street United Church

OFFICE

Office Hours: Tuesdays and Thursdays 9 – 12 pm

Email: info@cochranestreetuc.com

Phone: 709-722-3023

Website: www.cochranestreetuc.com

Cochrane Centre Contact information for bookings
709-754-2532 or info@cochranecentre.ca

CONTACT REV. MIRIAM

Have a question or need to make an appointment?

You can reach Rev. Miriam in the following ways:

Email: revmiriam@cochranestreetuc.com or Cell: 709-728-8410

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