

## *MEMORIALS*

*In memory of Helen & Horwood Guzzwell and Ann & Bill Bourne  
from nieces, Ruth and Catherine Davidge*

*In memory of Mother and Father, Irene & Walter Tucker,  
from Linda Facey*

*In memory of Grace Oakley  
from Judy & Ed Stratton*

*In memory of Grandparents, Jesse & Levi Drodge,  
Parents, Olive & Ralph Barnes,  
from Betty Barnes*

*In loving memory of my daughter, Barbara Garland,  
and grandson, Chad Mercer,  
from Joan Garland*

*In memory of Ken Reynolds,  
a son, brother, husband, father, and uncle,  
from Sonia, Paula & Tim, Geralyn, Leah, Allen & Sarah*

*In Memory of mother and father,  
Leah & Lewis Bursey, and brother, Gordon,  
From Doug & Joan Bursey*

*In memory of our loved ones,  
From Cheryl, Byron, Ellice, and Allana*

**Announcements:** If you wish to have an announcement included in the bulletin, please have it into the office by Wednesday at 5:00 pm.

### **JOIN US THIS FESTIVE SEASON Cochrane Street United Church**

December 24<sup>th</sup>: Draw Near to Jesus  
7:00pm: Kids, Candles and Chaos  
9:00pm: Carols, Candles and Communion

January 6<sup>th</sup>: Epiphany Guest Preacher: Oliver Dingwell

**Sanctuary Sound System:** We have a looped system for the hearing impaired. Please ask one of the ushers for a headset.

**No Scents Makes Good Sense!** A friendly reminder that members of our congregation are sensitive to scented products. Reactions can vary from not being able to breathe to severe headaches. Thank you for helping.

**Missed Church?** You can still hear or read Rev. Miriam's sermons. They are posted each week on our website <https://www.cochranestreetuc.com/sermons/>.

**POTLUCK SUNDAY, JANUARY 6:** Old Christmas Day we're having potluck with our tenants and First Light staff. Please bring something for you and something to share.

**CONGREGATIONAL Strategic Planning Session:** The Church Council recently held a strategic planning session regarding Cochrane Street United Church. A number of initiatives were identified which will be provided in a report to the congregation shortly. One of the initiatives was the holding of a strategic planning session for the congregation where the Council's report will be discussed and the Council will be seeking feedback and input into future initiatives from the congregation.

This session is scheduled for **SATURDAY, JANUARY 12, 2019**, from **10:00 am** to 2:00 pm in the main meeting hall of Cochrane Centre. This is an open invitation to all members of the congregation. We will be holding a **pot luck** lunch during the session so we will **require advanced notice** of those **who will be attending** to ensure we have sufficient food. Please confirm your attendance by contacting the church office by telephone at 722-3023 or by email at [info@cochranestreetuc.com](mailto:info@cochranestreetuc.com).

**UNITED CHURCH OBSERVER:** Anyone who is interested in renewing their Observer subscription (\$25) or who would like to receive it, please contact Paula Reynolds at 325-2106. If writing out a cheque, please make it payable to the United Church Observer. Thank you!

**Poetry Blog:** Frances McNiven, a member of our church, is sharing her poetry. You can check out her blog at <http://francesmcpoet.blogspot.com>.

**Stuff the New Shelves for Bridges to Hope!** We are going to fill our shelving, generously donated to Cochrane Street United Church, full of the most helpful items: tinned milk, canned beans, canned meat, juice boxes or one liter of juice, cereal, Kraft Dinner, pasta, and pasta sauce. Bring your items to church on Sunday. Thank you for your support.

**Recycling:** We have an account at Evergreen Recycling on Elizabeth Avenue and Blackmarsh Road. Drop off your recyclables and use our church's phone number for the account number (7223023) and all the money will go to the church. Thanks for your generosity.

**PAR** (Pre-Authorized Remittance) is an amount determined by you that is deducted from your bank account monthly. For more details or to sign up for PAR, please contact the church office at [info@cochranestreetuc.com](mailto:info@cochranestreetuc.com).

**Envelopes:** If you need envelopes, please contact Harold Grandy at [hgrandy@nf.sympatico.ca](mailto:hgrandy@nf.sympatico.ca).

**ZATOUN OLIVE OIL – OUTREACH PROJECT:** Gower Street United Church are distributors for Zatoun Olive Oil for \$20.00 a bottle as an Outreach Project. Several United Churches and the Presbyterian Church are participating in this project. Zatoun is Fair Trade Extra Virgin Olive Oil. Proceeds benefit farmers and children living in occupied Palestine and create awareness for peace in Palestine. If you wish to purchase this oil, please contact the church office at 722-3023 or Stephen Jewczyk (after church or at 753-6265 or [sjewczyk@gamil.com](mailto:sjewczyk@gamil.com)). ***If paying by cheque, please make it out to Gower Street United Church.***

**Southview Unit Renovation – “Change of Face” Phase 4:** At the spring meeting of Conference in Carbonear, the Agnes Pratt Home Foundation made a presentation to ask for support from congregations of Newfoundland and Labrador Conference. The Agnes Pratt Home provides care to 134 long term residents from communities throughout the province and is **in need of \$400,000** to renovate the Southview Unit. Any assistance our congregation can provide in this effort would be greatly appreciated. The foundation is a 100% volunteer group, with all monies raised going to benefit Agnes Pratt residents. Please note that fundraising efforts will also be matched with a donation from the Fry Family Foundation. Donations can be made by cheque, online at [www.aphf.ca](http://www.aphf.ca), by e-transfer to [agnespratthomefoundation.com](http://agnespratthomefoundation.com), or by phone (752-8957).

**Be someone's hero this Holiday Season at Canadian Blood Services, 7 Wicklow Street, by donating blood. Visit [blood.ca](http://blood.ca) or call 1-888-236-6283 for our donor centre hours or book an appointment, walk-in are welcome.**

## **GRIEF AND BEREAVEMENT INFORMATION SESSION**

*Grief is a process some call a journey.*

Are you grieving due to having lost someone you love? Would you like to find out information about grief and the grieving process? Do you wish to learn some things you can do to help yourself and others during times of grief? If so, please join Rev. Dr. Peter Barnes Regional Coordinator of Bereavement Services, Eastern Health on January 8, 2019, from 7 – 9 p.m. in the Cafeteria Conference Room L.A. Miller Centre. This session is free and open to the public.

This two-hour session will provide information on understanding grief, guide you through the grieving process, and provide tips on what you can do to help ourselves and others during times of grief. There are short videos, discussions and sharing (optional) of thoughts and feelings on grief. For Further Information, you can contact Peter Barnes at 777-2167 ([peter.barnes@easternhealth.ca](mailto:peter.barnes@easternhealth.ca)) or Mag Snook at 777-8972 (Email [margaret.snook@easternhealth.ca](mailto:margaret.snook@easternhealth.ca)).

# **Welcome to Cochrane Street United Church**

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Whether you are here for the first time or this is your church home – welcome to our community of faith.  
Following worship there is a time of fellowship.

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## **USHERING TEAM FOR DECEMBER**

Ian McMaster, Bill Squires, Blair Bradbury, and Gerry Penney

## **THIS WEEK AT COCHRANE STREET DECEMBER 24 – DECEMBER 30**

*Worship Sunday at 11:00am*

## **OFFICE**

**Xmas Office Hours:** Thursday to Friday 10:00 am – 1:00 pm

Email: [info@cochranestreetuc.com](mailto:info@cochranestreetuc.com)

Phone: 709-722-3023

Website: [www.cochranestreetuc.com](http://www.cochranestreetuc.com)

Cochrane Centre Contact information for bookings  
709-754-2532 or [info@cochranecentre.ca](mailto:info@cochranecentre.ca)

## **CONTACT REV. MIRIAM**

Have a question or need to make an appointment?

You can reach Rev. Miriam in the following ways:

Email: [revmiriam@cochranestreetuc.com](mailto:revmiriam@cochranestreetuc.com) or Cell: 709-728-8410

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